GST Level 1

37
Total Responses

37 Completed Responses

0 Partial Responses

2644
Survey Visits

Average Ratings

Questions	Average Ratings	Out of
The jiu-jitsu techniques presented in GST were effectively adapted for use in law enforcement.	4.68	5
Training safety protocols were established at the beginning of the course and remained a top priority throughout the week.	4.92	5
GST proficiency will likely reduce an officer's risk of injury during a use of force encounter.	4.81	5
GST proficiency will likely reduce the risk of injury to a suspect during use of force encounter.	4.70	5
Your level of satisfaction with the Gracie University teaching methodologies (SPF) that you learned during the course:	4.73	5
Likelihood that you will recommend the GST course to other officers:	4.81	5
Your overall satisfaction with the GST course as it was presented:	4.73	5
The instructor clearly stated the objectives of the course.	4.86	5
The stated objectives of the course were met.	4.89	5
The material was well organized and presented in a systematic manner.	4.84	5
The instructor presented the information at a level you could understand.	4.76	5
The instructor encouraged you to ask questions.	4.92	5
The answers to questions were satisfactory.	4.89	5
The instructor was an effective communicator.	4.89	5
This instructor should be chosen to present this topic again.	4.86	5
The assistant instructor(s) were valuable contributors to the course.	4.89	5

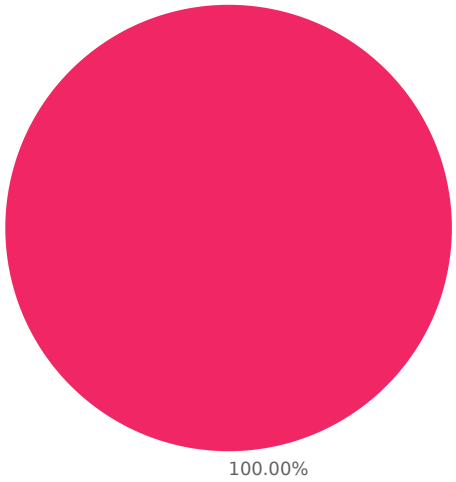
Overall average survey rating: 9.65/10

Course Information

Q1

Name of the GST Head Instructor for your course:

Answered: 37 Skipped: 0

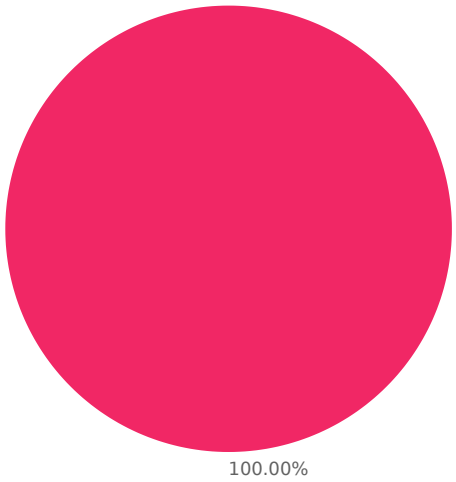


Choices	Response percent	Response count
Tom Chuckerel	0.00%	0
Allan Manganello	0.00%	0
Charlie Fernandez	100.00%	37
Evandro Nunes	0.00%	0
Ryron Gracie	0.00%	0
Rener Gracie	0.00%	0
Nate Brigmon	0.00%	0
Jeff Greekas	0.00%	0
Other (Please Specify) No Responses	0.00%	0

Q2

Name of the primary GST Assistant Instructor for your course:

Answered: 37 Skipped: 0



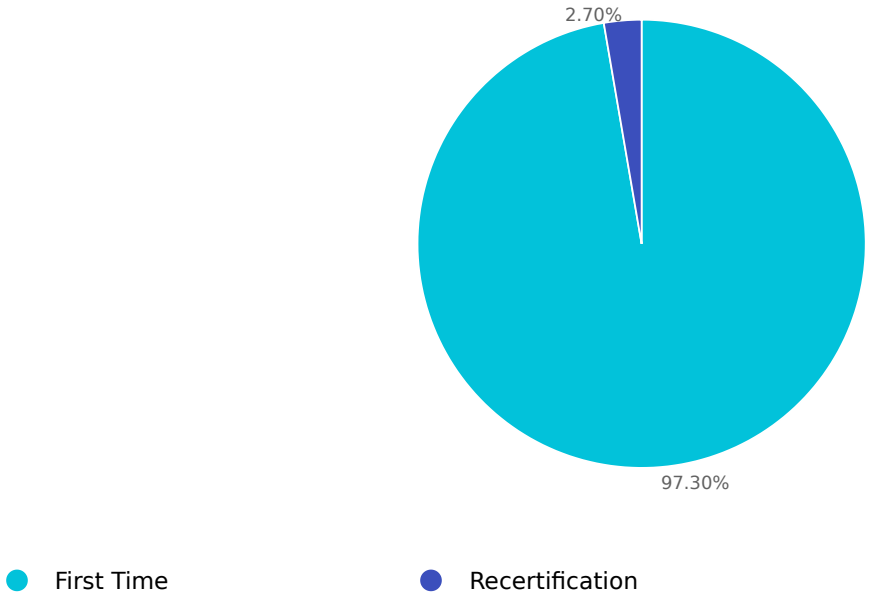
Charlie Fernandez	Guy Scuderi	Jeremiah Hackerott
Tom Chuckerel	Nate Brigmon	John Ingallina
Justin Wade	Neil Warren	Damon Gilbert
Howard Steele	Jeff Greekas	Allan Manganello
Cameron Price	Ben Zapata	Mark Ammerman
Mark Miller	Bernardo Figueiredo	Other (Please specify)

Choices	Response percent	Response count
Charlie Fernandez	0.00%	0
Guy Scuderi	0.00%	0
Jeremiah Hackerott	100.00%	37
Tom Chuckerel	0.00%	0
Nate Brigmon	0.00%	0
John Ingallina	0.00%	0
Justin Wade	0.00%	0
Neil Warren	0.00%	0
Damon Gilbert	0.00%	0
Howard Steele	0.00%	0
Jeff Greekas	0.00%	0
Allan Manganello	0.00%	0
Cameron Price	0.00%	0
Ben Zapata	0.00%	0
Mark Ammerman	0.00%	0
Mark Miller	0.00%	0
Bernardo Figueiredo	0.00%	0
Other (Please specify) No Responses	0.00%	0

Q3

Is this your first time certifying in GST, or is this your recertification?

Answered: 37 Skipped: 0



Choices	Response percent	Response count
First Time	97.30%	36
Recertification	2.70%	1

GST Course Location

Q4

City, State

Answered: 37 Skipped: 0

Field label	Response percent	Response count
City	100.00%	37 Responses
State	100.00%	37 Responses

City	State
Whittier	California
Whittier	CA
Whittier	Ca
Whittier	Ca
Whittier	CA
Whittier	CA
Whittier	California
Whittier	CA
Whitter	Ca
Whittier	CA
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Whittier	Ca
Whittier	Ca
Whittier	Ca

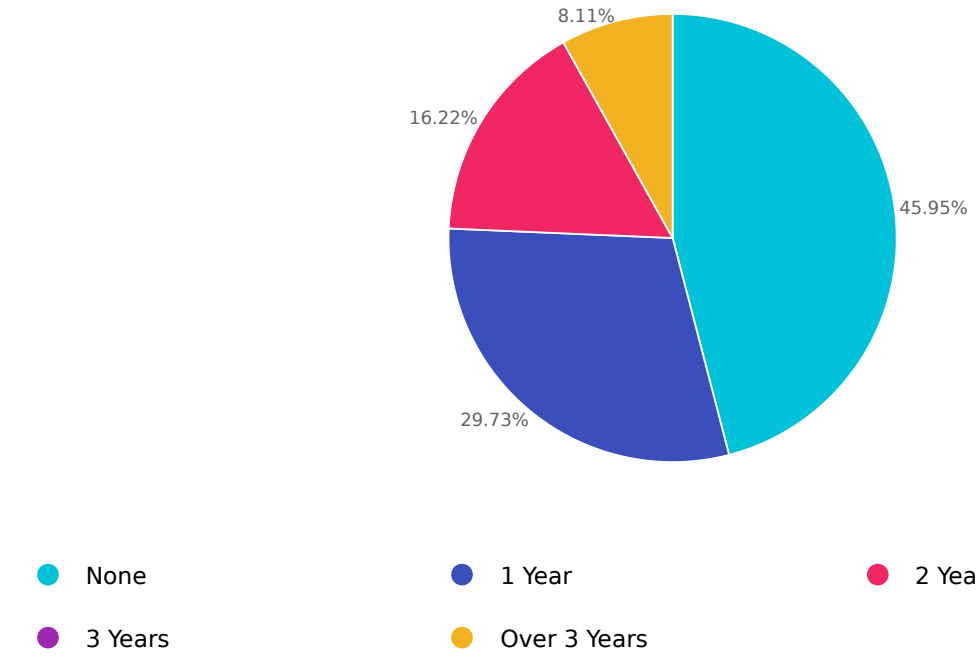
Whittier	California
Whittier	California
Whittier	CA
Whittier	Ca
Whittier	California
Whittier	California
Whittier	CA
Whittier	California
Whittier	California
Whittier	California
Whittier	California
Whittier	CA
Whittier	Ca
Whittier	Ca
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Whittier	CA

Course Survey

Q5

How many years of jiu-jitsu experience did you have prior to attending the course?

Answered: 37 Skipped: 0

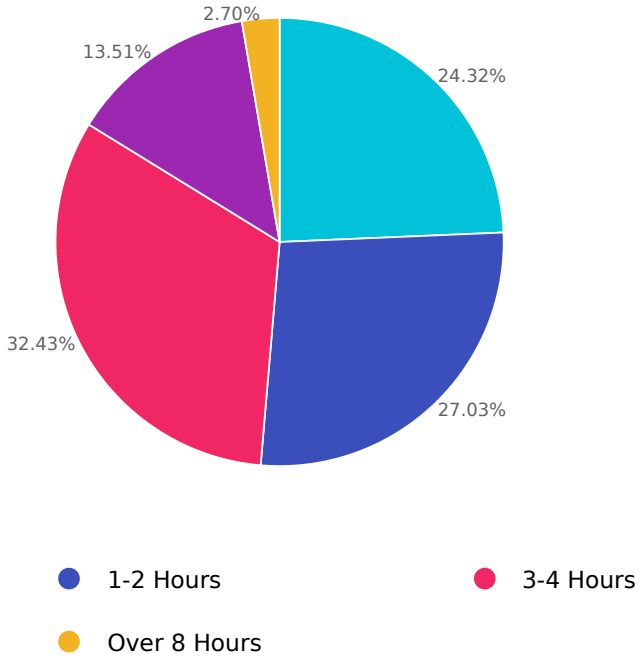


Choices	Response percent	Response count
None	45.95%	17
1 Year	29.73%	11
2 Years	16.22%	6
3 Years	0.00%	0
Over 3 Years	8.11%	3

Q6

How many hours of ground control does your agency mandate for in-service officers each year?

Answered: 37 Skipped: 0

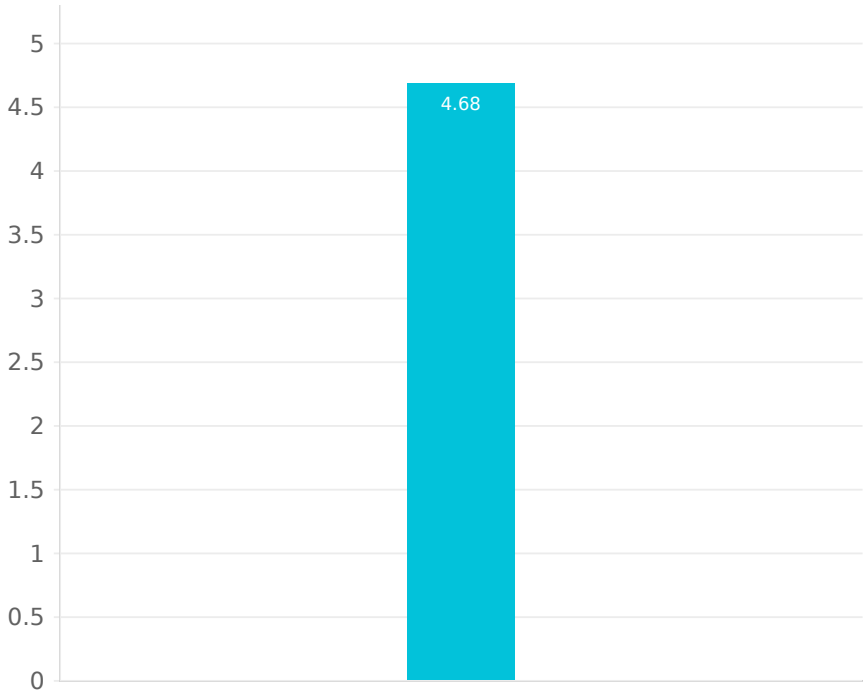


Choices	Response percent	Response count
None	24.32%	9
1-2 Hours	27.03%	10
3-4 Hours	32.43%	12
5-8 Hours	13.51%	5
Over 8 Hours	2.70%	1

Q7

The jiu-jitsu techniques presented in GST were effectively adapted for use in law enforcement.

Answered: 37 Skipped: 0



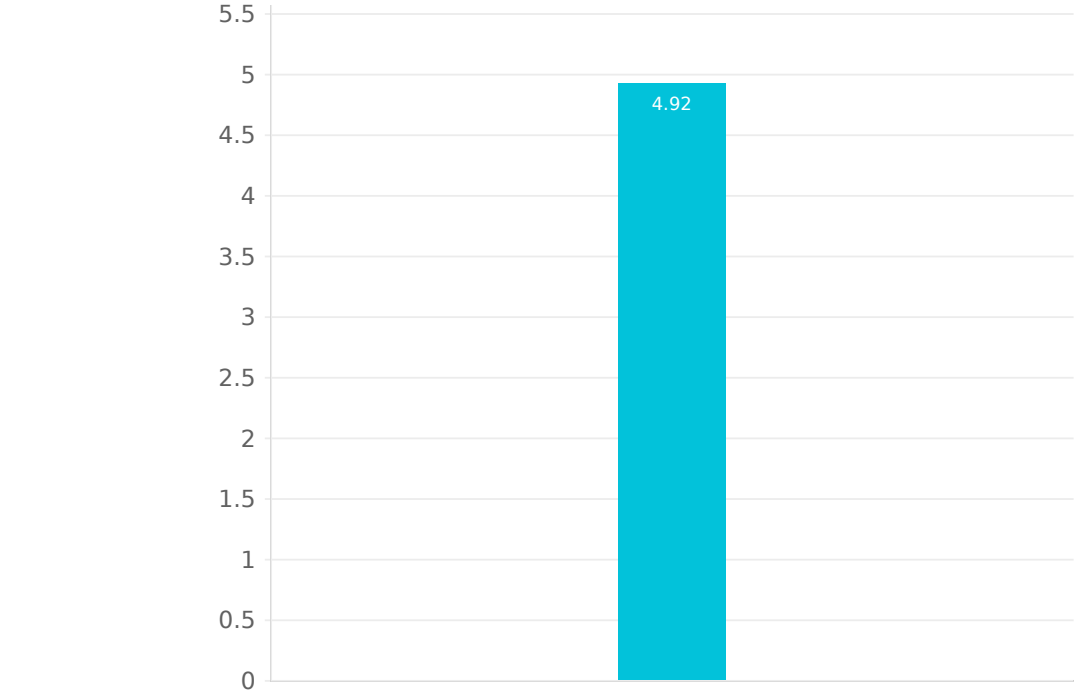
Rating	Response percent	Response count
1 (Strongly Disagree)	0.00%	0
2	0.00%	0
3	10.81%	4
4	10.81%	4
5 (Strongly Agree)	78.38%	29

Average rating: 4.68

Q8

Training safety protocols were established at the beginning of the course and remained a top priority throughout the week.

Answered: 37 Skipped: 0



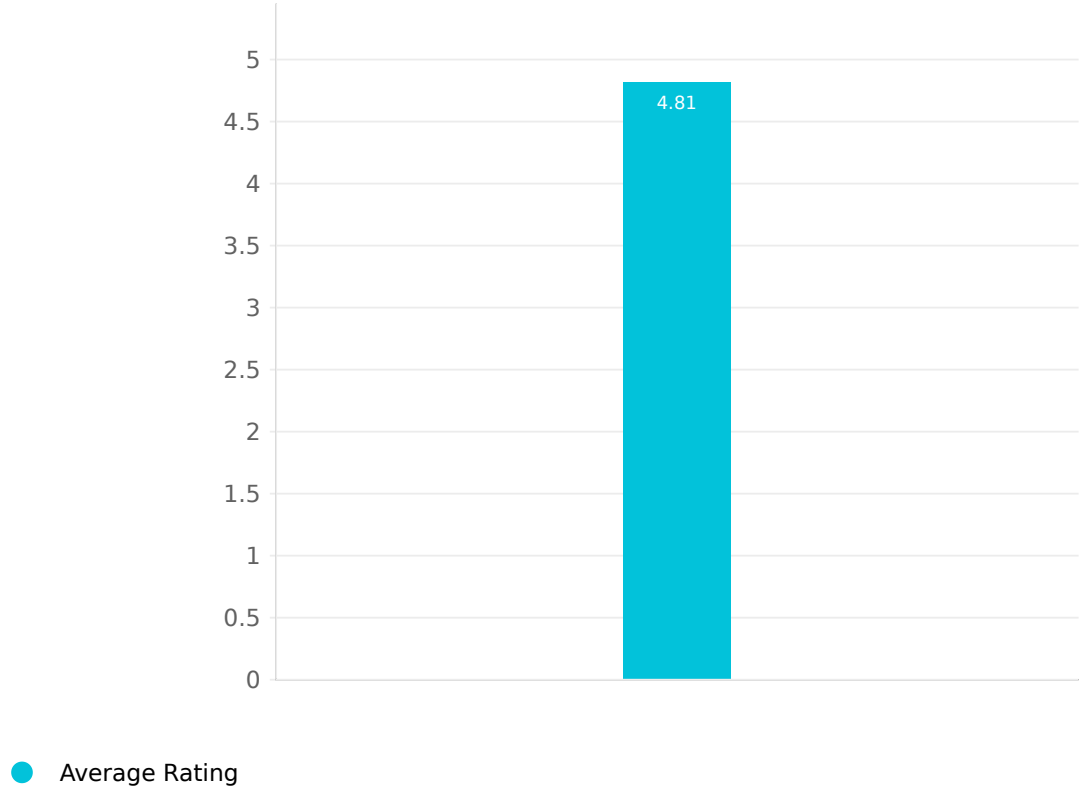
Rating	Response percent	Response count
1 (Strongly Disagree)	0.00%	0
2	0.00%	0
3	2.70%	1
4	2.70%	1
5 (Strongly Agree)	94.59%	35

Average rating: 4.92

Q9

GST proficiency will likely reduce an officer's risk of injury during a use of force encounter.

Answered: 37 Skipped: 0



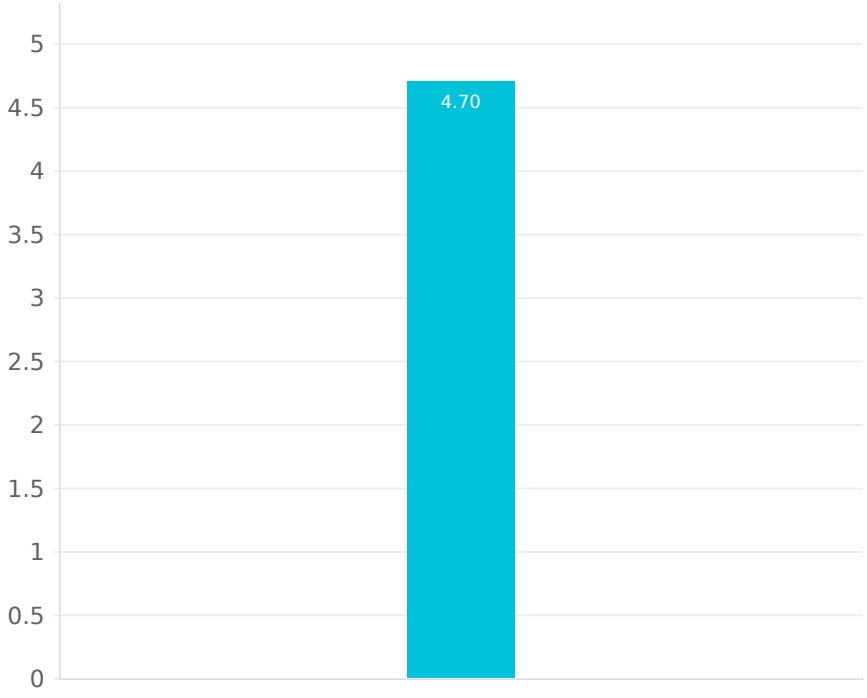
Rating	Response percent	Response count
1 (Strongly Disagree)	0.00%	0
2	0.00%	0
3	5.41%	2
4	8.11%	3
5 (Strongly Agree)	86.49%	32

Average rating: 4.81

Q10

GST proficiency will likely reduce the risk of injury to a suspect during use of force encounter.

Answered: 37 Skipped: 0



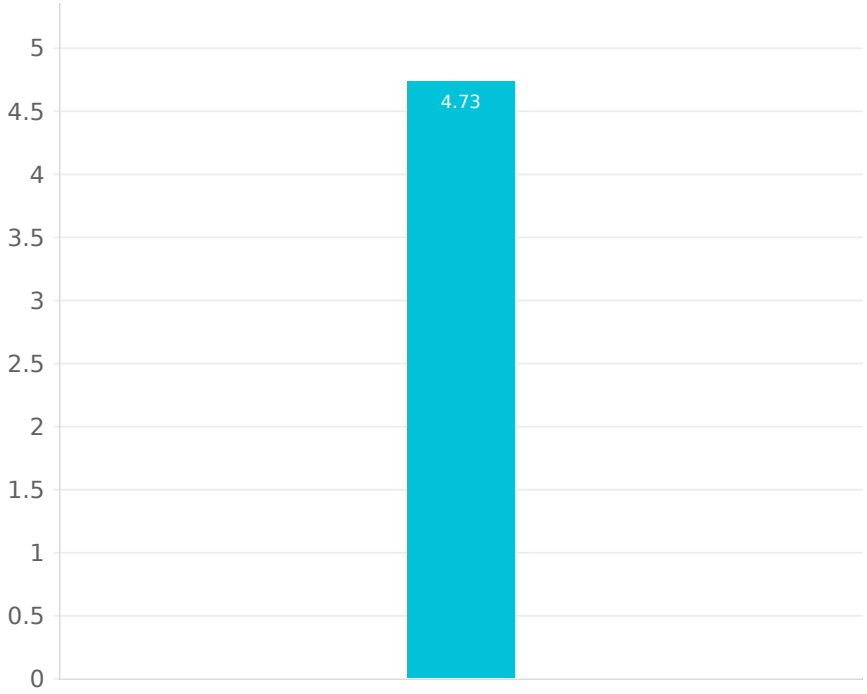
Rating	Response percent	Response count
1 (Strongly Disagree)	0.00%	0
2	0.00%	0
3	5.41%	2
4	18.92%	7
5 (Strongly Agree)	75.68%	28

Average rating: 4.70

Q11

Your level of satisfaction with the Gracie University teaching methodologies (SPF) that you learned during the course:

Answered: 37 Skipped: 0



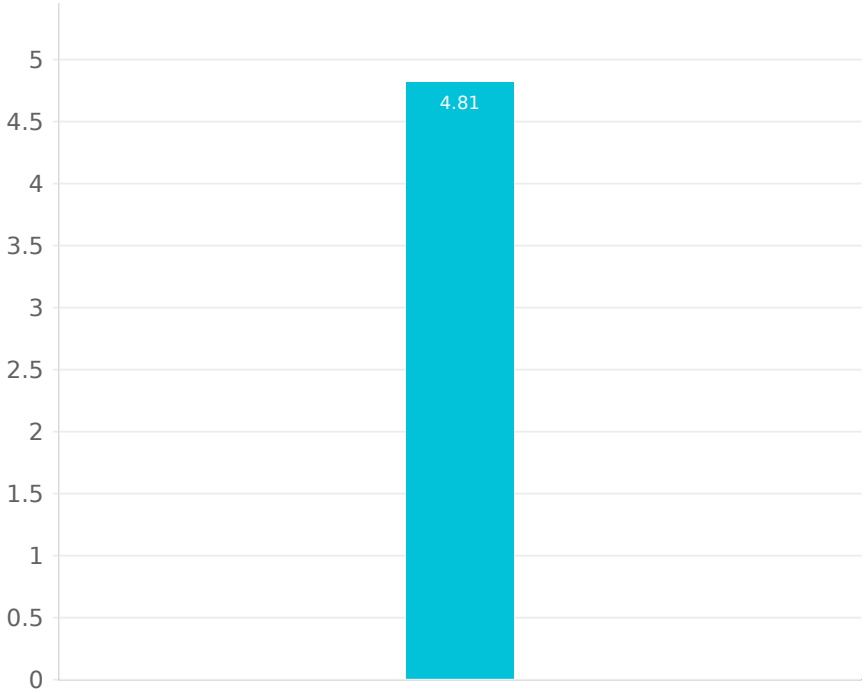
Rating	Response percent	Response count
1 (Dissatisfied)	0.00%	0
2	0.00%	0
3	5.41%	2
4	16.22%	6
5 (Extremely Satisfied)	78.38%	29

Average rating: 4.73

Q12

Likelihood that you will recommend the GST course to other officers:

Answered: 37 Skipped: 0



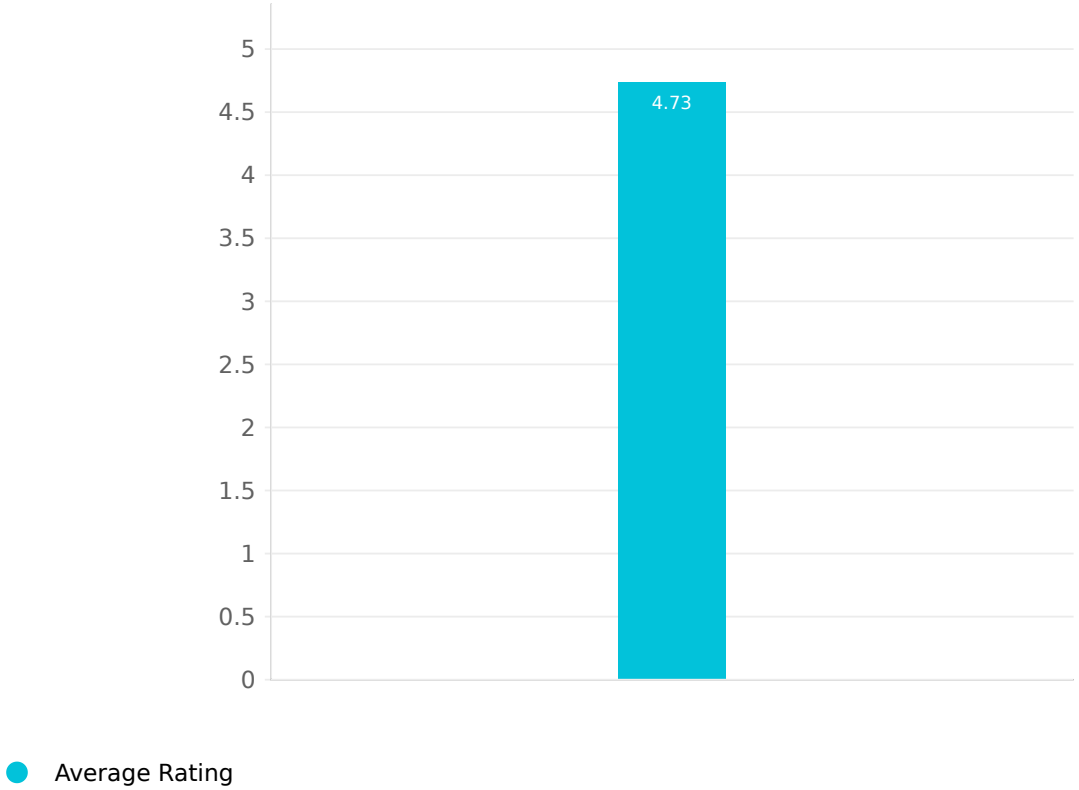
Rating	Response percent	Response count
1 (Very Unlikely)	0.00%	0
2	0.00%	0
3	2.70%	1
4	13.51%	5
5 (Very Likely)	83.78%	31

Average rating: 4.81

Q13

Your overall satisfaction with the GST course as it was presented:

Answered: 37 Skipped: 0



Rating	Response percent	Response count
1 (Waste of Time)	0.00%	0
2	0.00%	0
3	8.11%	3
4	10.81%	4
5 (Best Course Ever)	81.08%	30

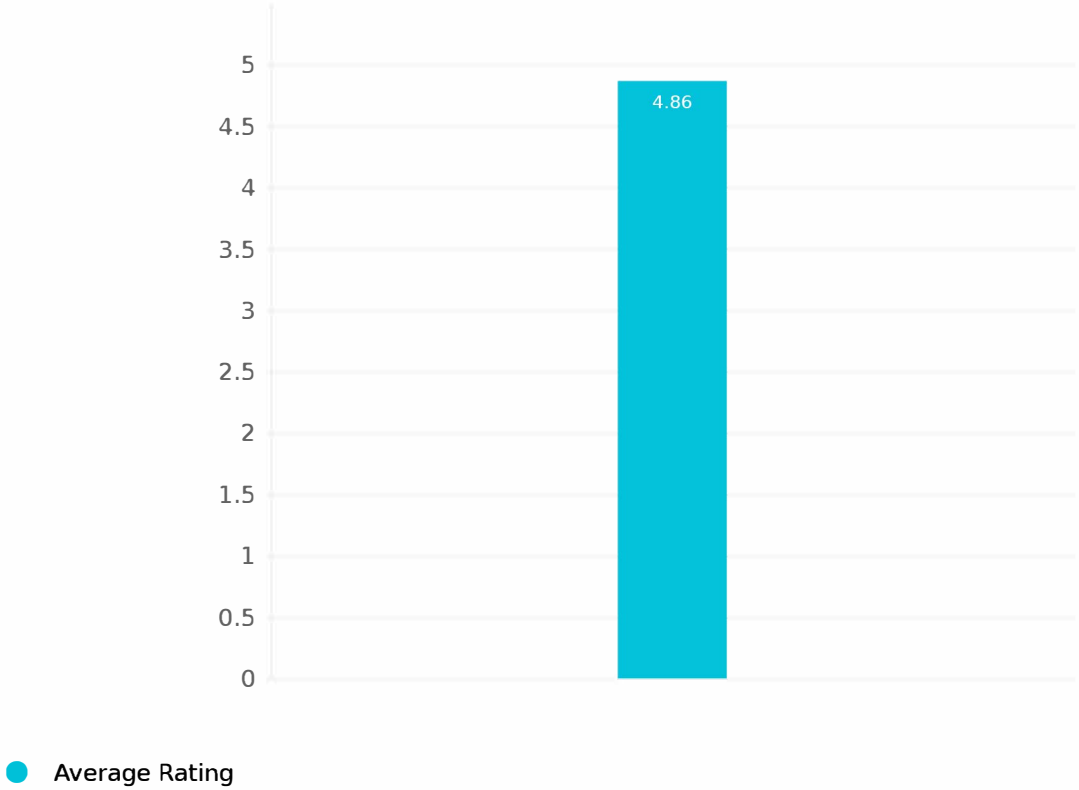
Average rating: 4.73

Instructor Survey

Q14

The instructor clearly stated the objectives of the course.

Answered: 37 Skipped: 0



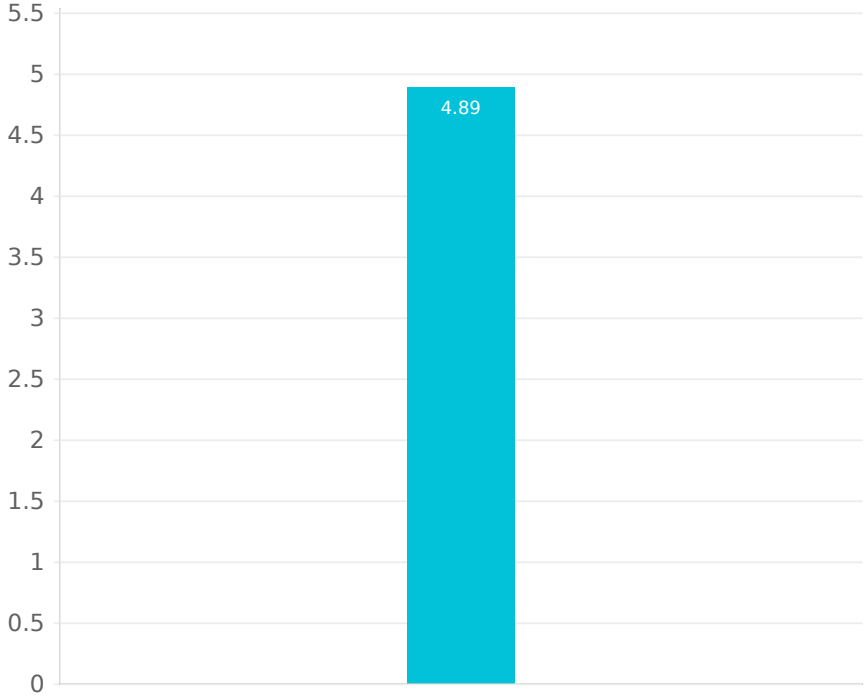
Rating	Response percent	Response count
1 (Strongly Disagree)	0.00%	0
2	0.00%	0
3	2.70%	1
4	0.00%	0
5 (Strongly Agree)	94.59%	35

Average rating: 4.86

Q15

The stated objectives of the course were met.

Answered: 37 Skipped: 0



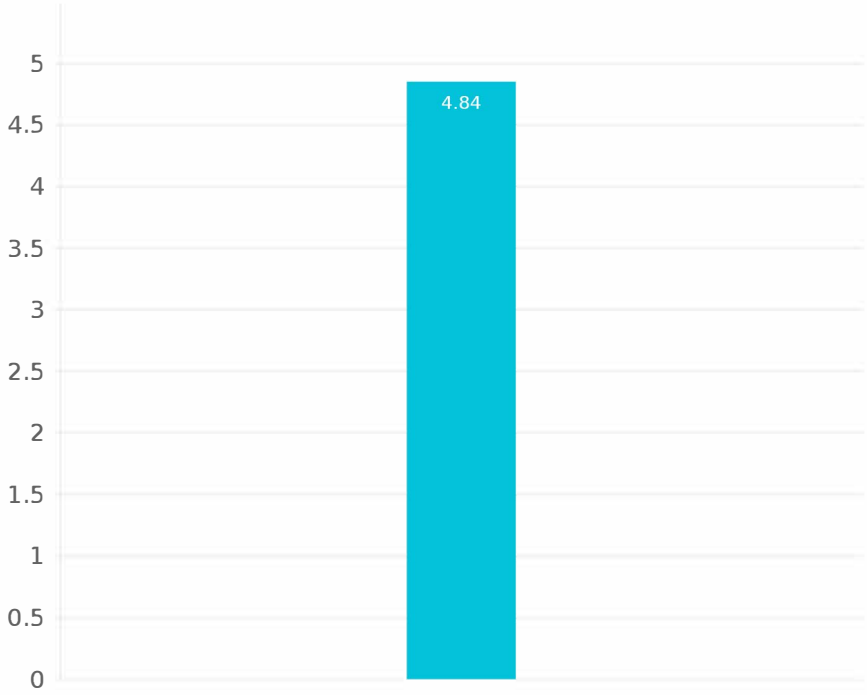
Rating	Response percent	Response count
1 (Strongly Disagree)	0.00%	0
2	0.00%	0
3	5.41%	2
4	0.00%	0
5 (Strongly Agree)	94.59%	35

Average rating: 4.89

Q16

The material was well organized and presented in a systematic manner.

Answered: 37 Skipped: 0



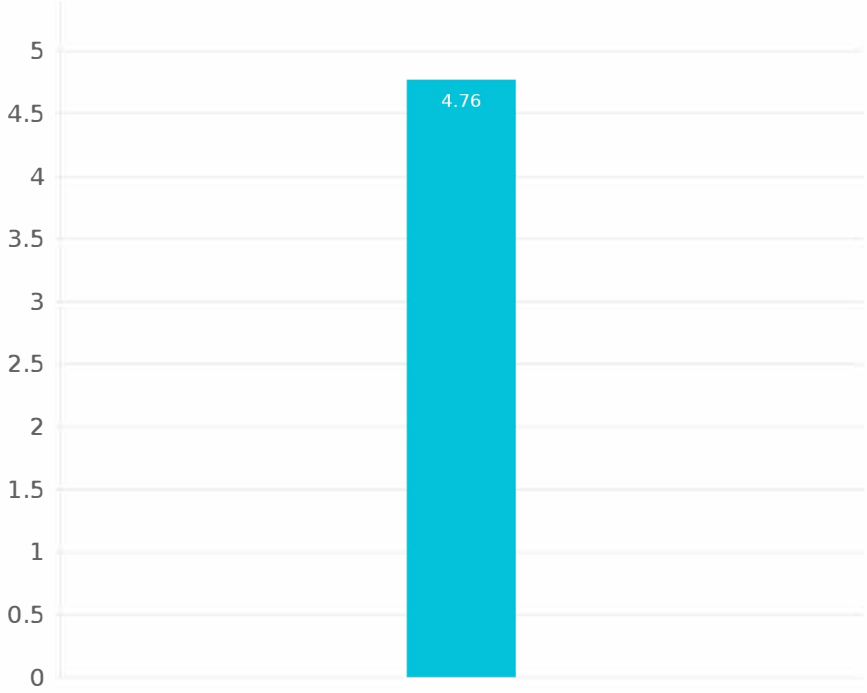
Rating	Response percent	Response count
1 (Strongly Disagree)	0.00%	0
2	0.00%	0
3	2.70%	1
4	2.70%	1
5 (Strongly Agree)	91.89%	34

Average rating: 4.84

Q17

The instructor presented the information at a level you could understand.

Answered: 37 Skipped: 0



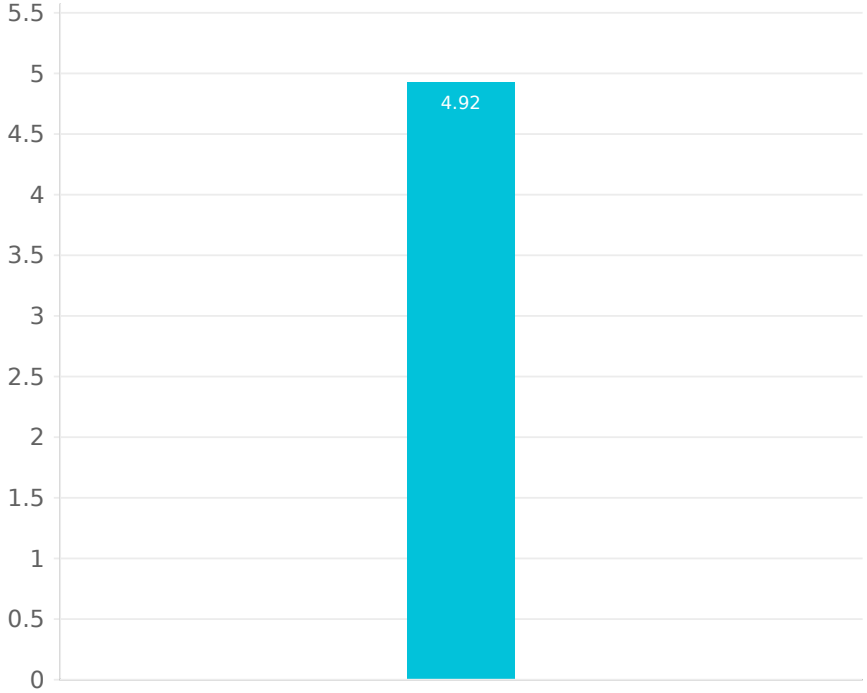
Rating	Response percent	Response count
1 (Strongly Disagree)	0.00%	0
2	0.00%	0
3	2.70%	1
4	2.70%	1
5 (Strongly Agree)	89.19%	33

Average rating: 4.76

Q18

The instructor encouraged you to ask questions.

Answered: 37 Skipped: 0



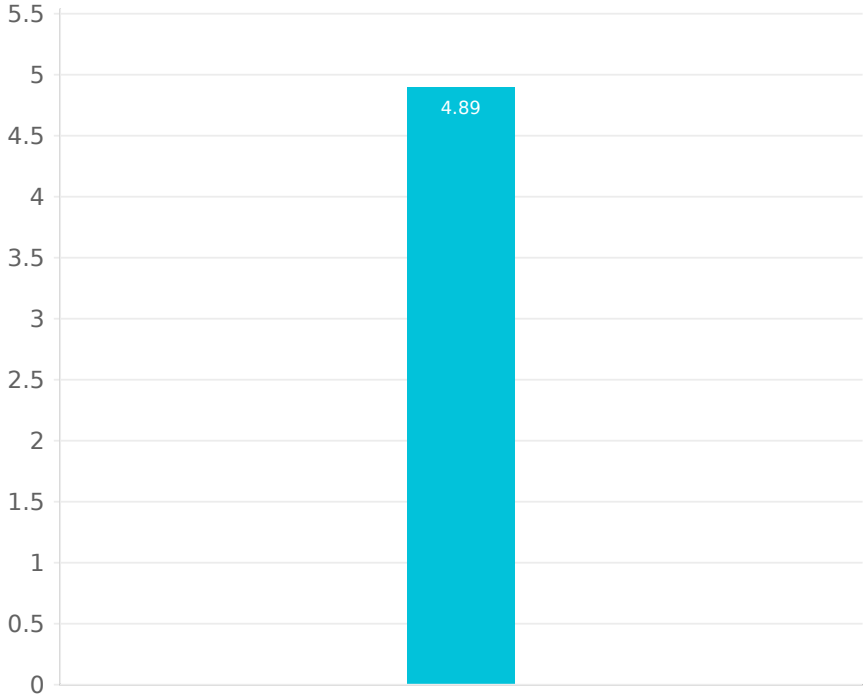
Rating	Response percent	Response count
1 (Strongly Disagree)	0.00%	0
2	0.00%	0
3	2.70%	1
4	2.70%	1
5 (Strongly Agree)	94.59%	35

Average rating: 4.92

Q19

The answers to questions were satisfactory.

Answered: 37 Skipped: 0



Rating	Response percent	Response count
1 (Strongly Disagree)	0.00%	0
2	0.00%	0
3	2.70%	1
4	5.41%	2
5 (Strongly Agree)	91.89%	34

Average rating: 4.89

Q20

The instructor was an effective communicator.

Answered: 37 Skipped: 0



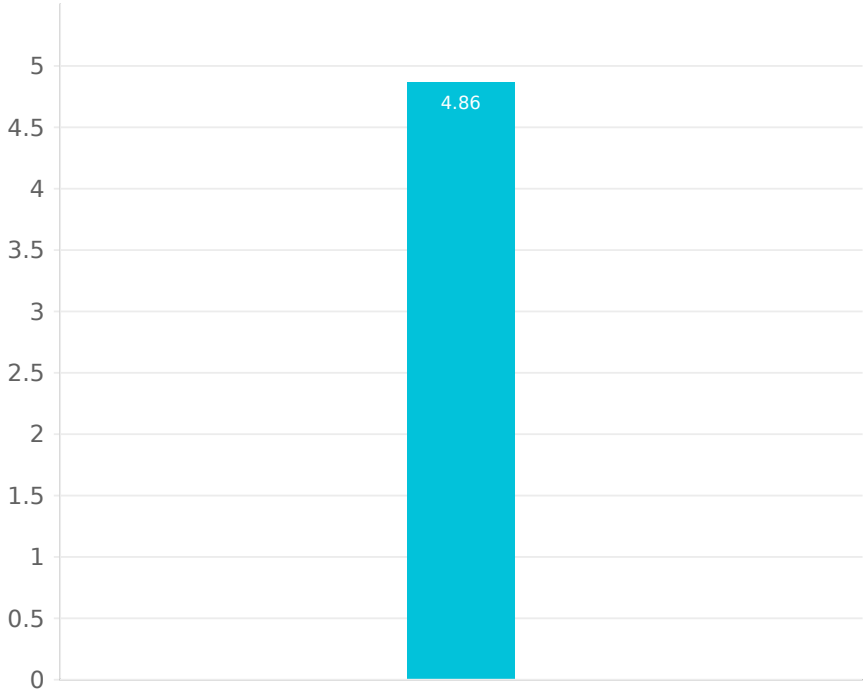
Rating	Response percent	Response count
1 (Strongly Disagree)	0.00%	0
2	0.00%	0
3	2.70%	1
4	5.41%	2
5 (Strongly Agree)	91.89%	34

Average rating: 4.89

Q21

This instructor should be chosen to present this topic again.

Answered: 37 Skipped: 0



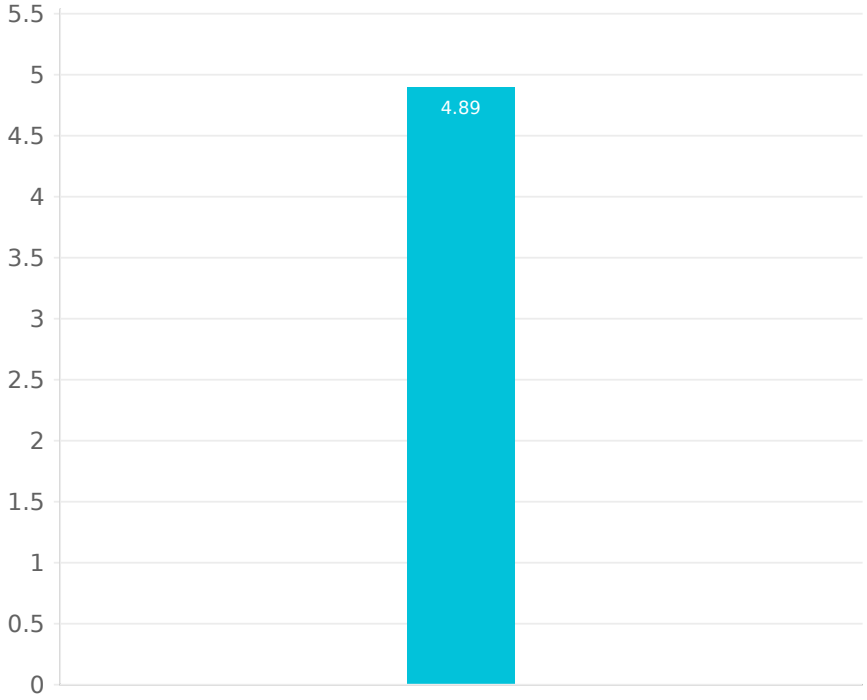
Rating	Response percent	Response count
1 (Strongly Disagree)	0.00%	0
2	0.00%	0
3	5.41%	2
4	2.70%	1
5 (Strongly Agree)	91.89%	34

Average rating: 4.86

Q22

The assistant instructor(s) were valuable contributors to the course.

Answered: 37 Skipped: 0



Rating	Response percent	Response count
1 (Strongly Disagree)	0.00%	0
2	0.00%	0
3	2.70%	1
4	5.41%	2
5 (Strongly Agree)	91.89%	34

Average rating: 4.89

Feedback

Q23

Please provide specific feedback (positive or negative) on the GST course, curriculum, techniques, or teaching methodologies so we can continue to make it better for officers.

Answered: 33 Skipped: 4

1. Great course, every lesson was tied in smoothly to the next lesson.

   Broken down well enough for me to understand and learn
2. Great class
3. I really enjoyed the slow methodology used to teach the lessons. I also really liked the time spent in teaching the students how to teach other students.
4. I felt a little lost, but by the third day everything ended up clicking and made the rest of the course a lot easier
5. I loved it. The handcuffing techniques were very interesting to me.
6. Well organized and presented in a clear manner. Great for a beginner.
7. I loved the way the program layers the techniques. The blindfold exercise proved that the program really works. I was able to see my movements and the movements of "the bad guy"
8. Very organized. The instructors were professional, encouraging, engaged, and excellent.
9. The information was good basic jui jitsu but I think it lacks certain striking elements. I know that is not the goal of this course but without changing the focus of the suspect with strikes we could be placed in a bad position. Again I know that's not the purpose of the course but it could be a talking point.
10. I appreciate the hard work Charlie and Jeremiah put into this course. It was excellent.
11. The instructors provided clear instructions while demonstrating each technique. Very good communication.
12. The SPF clearly is established to create an easy format to teach not only these techniques, but other areas of instruction as well.
13. Great course, didn't realize how much I had learned until the last free flow fight sim
14. Good course
15. This is a course I looked forward to. The techniques and and curriculum were top notch
16. This class was AMAZING!! I can't wait to share this knowledge with my agency and fellow Officers.
17. The instructors provide great insight on the techniques and teaching methodologies.
18. All instructors were extremely motivating, energetic, encouraging, and knowledgeable.
19. It would be great if students could access technique videos at home during the course. But overall great class.

23. Using the SPF on the techniques validated it’s effectiveness. I absolutely enjoyed the curriculum and techniques.
24. None.
25. Everything was great and really enjoyed the class.
26. This was an extremely beneficial course and I look forward to using the GST teaching methodologies to teach GST to other Officers in my department.
27. I loved this GST course. I had heard great things about the course prior to taking the course and now I can confidently say the course is even better when you are in it! It was a great experience and very informative/knowledgeable. The instructors did a fantastic job of teaching and being patient.
28. Would like to see more techniques
29. Great class love the teaching portion.
30. Good program. Challenging but manageable for officers with no prior experience.
31. I enjoyed the formula of teaching, but it will take some getting used to for application. It’s a little too much information
32. Compared to other systems, GST was easier to learn and more effective.
33. This was my first class ever. I had a blast and will recommend it to others.

Q24

Please provide specific feedback (positive or negative) on the head instructor's performance so they can continue to reach new heights with your help.

Answered: 33 Skipped: 4

1. Great vibes, and great listener to everyone’s questions and concerns.
2. Very personable
3. Charlie was very professional, never cursed, and always gave positive feedback.
4. He was super approachable, knowledgeable and respectful
5. Charles is a great instructor. Probably some of the best I’ve learned from. I’m a trainer in my agency myself and I can see a bad trainer from a mile away. Charles is far above average.
6. Very approachable and willing to help. Made the class have a good learning environment.
7. Loved the teaching style. Charlie was very clear and patient with all of us
8. Mr. Fernandez is an excellent instructor. It’s easy to tell he knows his stuff. I was very impressed.
9. The instructors were amazing and extremely knowledgeable.
10. Charlie was thorough and concise.
11. Charlie was an a outstanding instructor. His years of experience shined through the course.
12. Everything was great, no need to change anything.
13. Charlie was an amazing resource and was excellent all week. Couldn’t ask for a better lead instructor (except for maybe Ryron or Rener).
14. Great examples and real world experiences and applications
15. Charlie kept it interesting
16. The head instructor was motivated, kind, and helpful with all students
17. Charlie is an incredible and knowledgeable instructor. His enthusiasm for teaching set the tone for the entire class.
18. In my opinion, safety is and always should be number one, Charlie did an incredible job of prioritizing safety.
19. Charlie demonstrated true compassion, energy, positivity, and knowledge. Charlie went above and beyond to help each student.
20. Great class!
21. Charlie is a very effective communicator. I learned more from him personally than other instructor development courses that P.O.S.T. Mandate me to attend
22. None.
23. Charlie was great, very good instructor!
24. Charlie was an excellent instructor. He kept the class interesting and was open to feedback.
25. Very inviting and interactive. Very receptive and encouraging. However, less talking or being more direct during the breakdown of techniques would be easier to follow.
26. He did a fantastic job teaching and instructing. His patience and ability to teach to the lowest common denominator was great.
27. Instructor Kris, was extremely knowledgeable
28. Was very patient and understanding. Outstanding job.
29. Very professional, well educated, I never questioned he credibility due to his knowledge.

31. Very positive, great to have a LEO as in instructor for the course. Charlie was great.
32. Charlie, with his law enforcement background, I trusted his opinion and he kept me engaged with realistic scenarios.
33. Charlie is a great instructor.

Q25

Please provide specific feedback (positive or negative) on the assistant instructor(s) performance(s) so they can continue to improve their skills and optimize their interactions.

Answered: 32 Skipped: 5

1. I appreciated ALL off the instructors being welcoming to questions we had, and clarifying any confusion caused during the presentation of the technique. The instructors were extremely helpful during one on one instruction and making the perfect adjustments.
2. Also had good input and was well rounded in the techniques.
3. Very knowledgeable
4. All of the assistant instructors were knowledgeable and professional. The assistants all seemed as if they were grateful to be here and share their knowledge.
5. Same as above, they took the time to help us when needed
6. Jeremiah is great. You can tell he knows what he’s talking about, believes in the technique, and very thorough. Excellent teacher as well. Jeremiah and Charles make a great team
7. He was very knowledgeable and was able to provide greater insight into the moves.
8. Jeremiah was very good. His knowledge is amazing. Always had good tips to make things easier.
9. Mr. Jeremiah was also great. He was encouraging and very clear in what the both of them were presenting.
10. All of the instructors were amazing. They were very helpful, friendly and knowledgeable.
11. Jeremiah was awesome. Funny and lighthearted. I appreciate him.
12. Jeremiah was an invaluable asset to the class. He brought patience, knowledge, and positivity to the class.
13. The assistant was great and there is no reason to change anything.
14. Jeremiah’s wealth of knowledge placed a large roll in the week and he always had key pieces to add to every lesson.
15. Very knowledge, loved how his enthusiasm for the techniques came out in his instruction
16. Jeremiah was helpful
17. The assistant coach was great and head a wealth of knowledge. He care for each student and was helpful with all
18. Jeremiah contributed just as much as Charlie. Jeremiah's enthusiasm was also felt throughout the class.
19. Jeremiah is an incredible wealth of knowledge and provide great detail and insight on how to appropriately complete the techniques while maintaining and prioritizing safety
20. Jeremiah demonstrated great competency and compassion. Jeremiah was extremely energetic and helpful.
21. Great Class!
22. Jeremiah is very knowledgeable and you can see the great chemistry between Charlie and him. Definitely keep them paired up because they compliment each other and flow very well.
23. None.
24. Jeremiah was awesome and very knowledgeable
25. The assistant instructors were excellent as well. It was a great feeling having them observe our techniques and praise or correct us to ensure we did the techniques correctly.
26. He was very kind and encouraging and helpful. Both instructors seemed to very much care about the subject and getting the information to us.
27. They were fantastic all around. They had great interest in every student and every lesson. They did a great job of being involved and helping us.
28. Fantastic job. Was accommodating to my needs.

29. Very knowledgeable, extremely positive and well versed in the subject matter.
30. I also enjoyed having Jeremiah with all his knowledge to add to the course.
31. Jerimiah’s expertise brought another level of understanding and slight alternative to executing the move.
32. Jeremiah was also fantastic

Gracie University Online Access Application

As a certified instructor, you will be granted access to the GST Level 1 comprehensive online video curriculum.

The primary benefit is that you will be able to review the techniques in detail before teaching them to your colleagues. Another key benefit is that anytime a technique is altered or added to the program, we will update the corresponding video lesson online so that you will get instant access to the updated technique.

The GST online viewing privileges will remain active for the duration of your GST certification period. Consequently, it is essential that you plan your GST recertifications no more than 24 months apart.

IN ORDER FOR US TO UNLOCK YOUR ONLINE GST ACCESS, **YOU MUST HAVE A GRACIE UNIVERSITY ONLINE STUDENT PROFILE.** If you already have one, continue with the online application below. If not, please click here to create your free student profile (it only takes 60 seconds). If you're creating a new profile, we strongly recommend using your personal email since government email address tend to have firewall issues.

Once you've created a free student profile, please provide the following information so that we may unlock (or renew) the GST course in your lesson library.