GST Level 1

39
Total Responses

39 Completed Responses

0 Partial Responses

3662
Survey Visits

Average Ratings

Questions	Average Ratings	Out of
The jiu-jitsu techniques presented in GST were effectively adapted for use in law enforcement.	4.95	5
Training safety protocols were established at the beginning of the course and remained a top priority throughout the week.	4.95	5
GST proficiency will likely reduce an officer's risk of injury during a use of force encounter.	4.95	5
GST proficiency will likely reduce the risk of injury to a suspect during use of force encounter.	4.92	5
Your level of satisfaction with the Gracie University teaching methodologies (SPF) that you learned during the course:	4.92	5
Likelihood that you will recommend the GST course to other officers:	5.00	5
Your overall satisfaction with the GST course as it was presented:	4.95	5
The instructor clearly stated the objectives of the course.	5.00	5
The stated objectives of the course were met.	5.00	5
The material was well organized and presented in a systematic manner.	4.97	5
The instructor presented the information at a level you could understand.	5.00	5
The instructor encouraged you to ask questions.	5.00	5
The answers to questions were satisfactory.	5.00	5
The instructor was an effective communicator.	5.00	5
This instructor should be chosen to present this topic again.	5.00	5
The assistant instructor(s) were valuable contributors to the course.	5.00	5

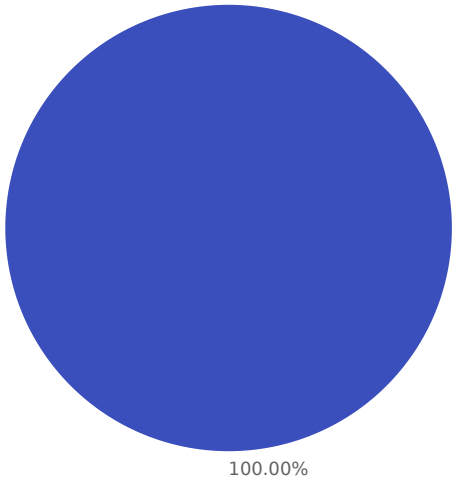
Overall average survey rating: 9.95/10

Course Information

Q1

Name of the GST Head Instructor for your course:

Answered: 39 Skipped: 0

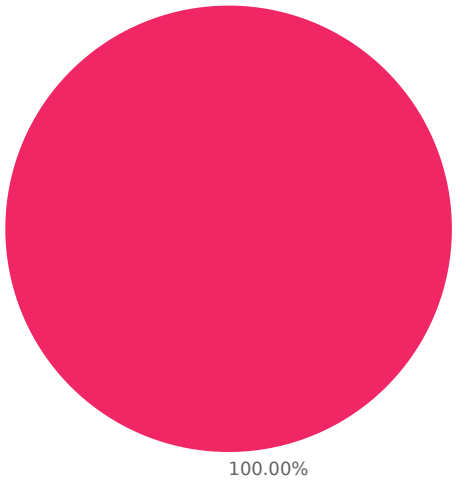


Choices	Response percent	Response count
Tom Chuckerel	0.00%	0
Allan Manganello	100.00%	39
Charlie Fernandez	0.00%	0
Evandro Nunes	0.00%	0
Ryron Gracie	0.00%	0
Rener Gracie	0.00%	0
Nate Brigmon	0.00%	0
Jeff Greekas	0.00%	0
John Ingallina	0.00%	0
Other (Please Specify) No Responses	0.00%	0

Q2

Name of the primary GST Assistant Instructor for your course:

Answered: 39 Skipped: 0



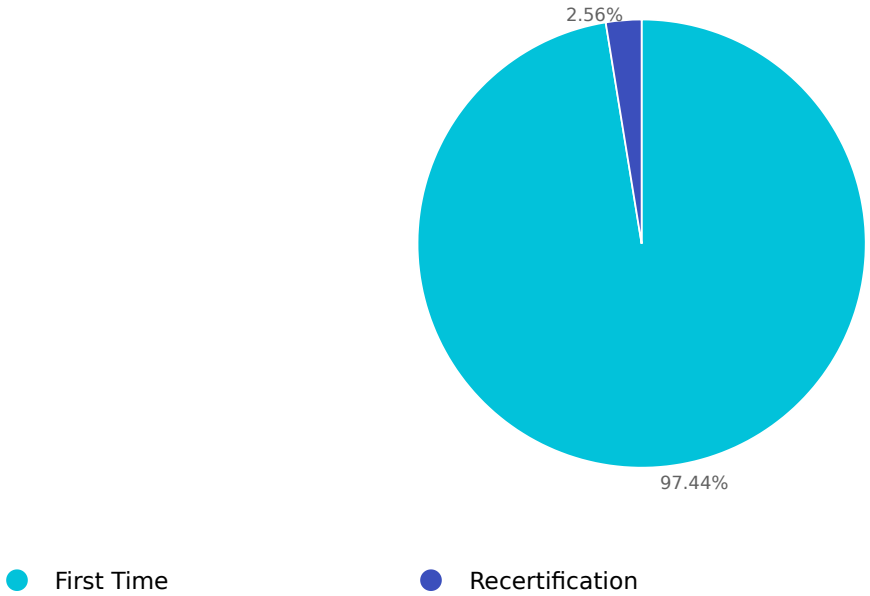
Charlie Fernandez	Guy Scuderi	Jeremiah Hackerott
Tom Chuckerel	Nate Brigmon	John Ingallina
Justin Wade	Neil Warren	Damon Gilbert
Howard Steele	Jeff Greekas	Allan Manganello
Cameron Price	Ben Zapata	Mark Ammerman
Mark Miller	Bernardo Figueiredo	David Lee
Felix Acosta	Other (Please specify)	

Choices	Response percent	Response count
Charlie Fernandez	0.00%	0
Guy Scuderi	0.00%	0
Jeremiah Hackerott	100.00%	39
Tom Chuckerel	0.00%	0
Nate Brigmon	0.00%	0
John Ingallina	0.00%	0
Justin Wade	0.00%	0
Neil Warren	0.00%	0
Damon Gilbert	0.00%	0
Howard Steele	0.00%	0
Jeff Greekas	0.00%	0
Allan Manganello	0.00%	0
Cameron Price	0.00%	0
Ben Zapata	0.00%	0
Mark Ammerman	0.00%	0
Mark Miller	0.00%	0
Bernardo Figueiredo	0.00%	0
David Lee	0.00%	0
Felix Acosta	0.00%	0
Other (Please specify) No Responses	0.00%	0

Q3

Is this your first time certifying in GST, or is this your recertification?

Answered: 39 Skipped: 0



Choices	Response percent	Response count
First Time	97.44%	38
Recertification	2.56%	1

GST Course Location

Q4

City, State

Answered: 39 Skipped: 0

Field label	Response percent	Response count
City	100.00%	39 Responses
State	100.00%	39 Responses

City	State
Livingston	California
Livingston	CA
Livingston	CA
Livingston	CA
Merced	Ca
Merced	CA
Merced	Ca
Merced	CAlifornia
Livingston	Ca
Merced	California
Merced	CA
Merced	California
Merced	California
Livingston	CA
Merced	CA
Merced	California
Livingston	California
Merced	CA
Livingston	Ca
Livingston	California

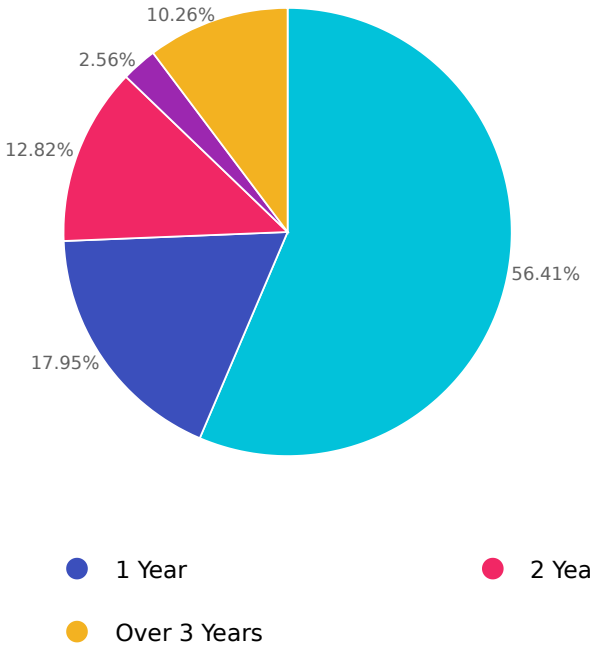
Merced	Ca
Merced	California
Merced	Ca
Livingston	California
Merced	CA
Merced county	CA
Merced	Ca
Merced	California
Merced	Ca
Merced	California
Merced	California
Merced	California
Merced	Ca
Merced	California
Merced	California
Merced	CA
Merced	CA
Merced	CA
Merced	California

Course Survey

Q5

How many years of jiu-jitsu experience did you have prior to attending the course?

Answered: 39 Skipped: 0

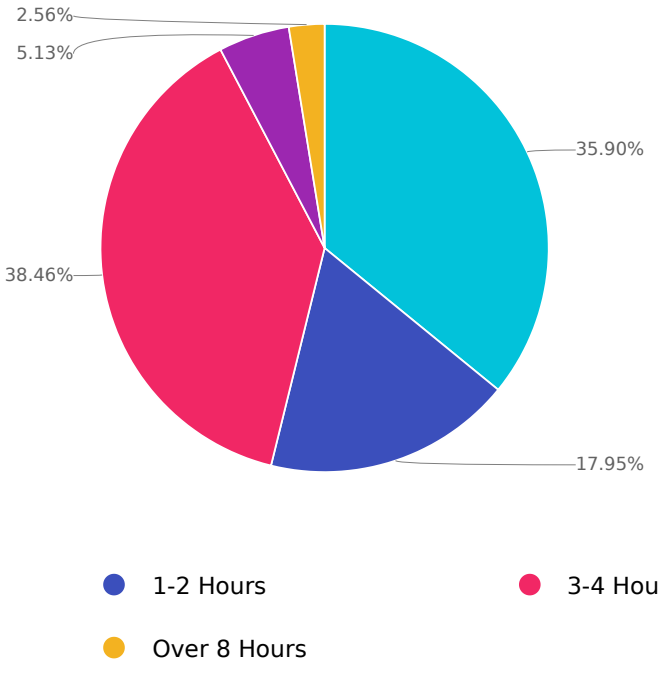


Choices	Response percent	Response count
None	56.41%	22
1 Year	17.95%	7
2 Years	12.82%	5
3 Years	2.56%	1
Over 3 Years	10.26%	4

Q6

How many hours of ground control does your agency mandate for in-service officers each year?

Answered: 39 Skipped: 0

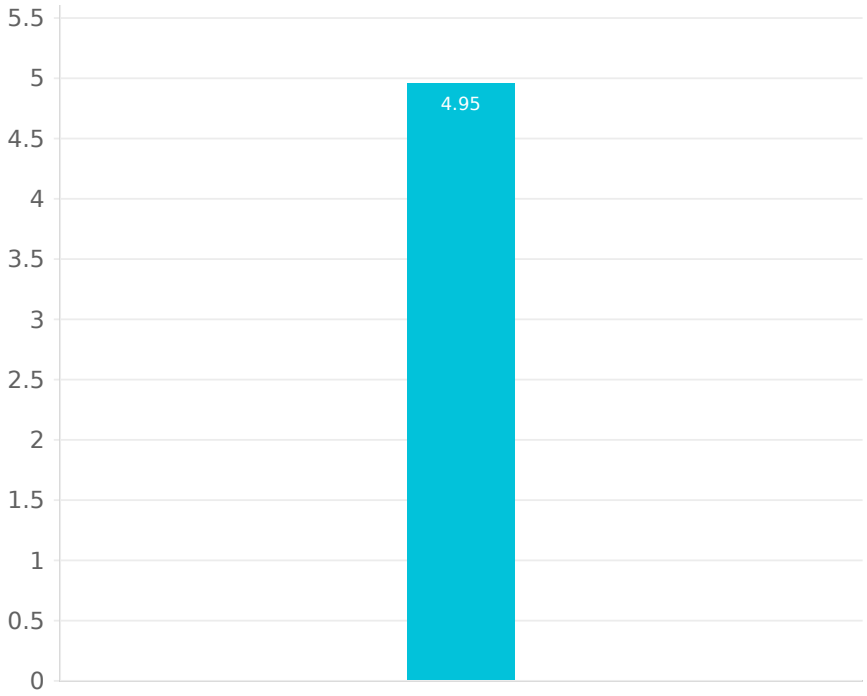


Choices	Response percent	Response count
None	35.90%	14
1-2 Hours	17.95%	7
3-4 Hours	38.46%	15
5-8 Hours	5.13%	2
Over 8 Hours	2.56%	1

Q7

The jiu-jitsu techniques presented in GST were effectively adapted for use in law enforcement.

Answered: 39 Skipped: 0



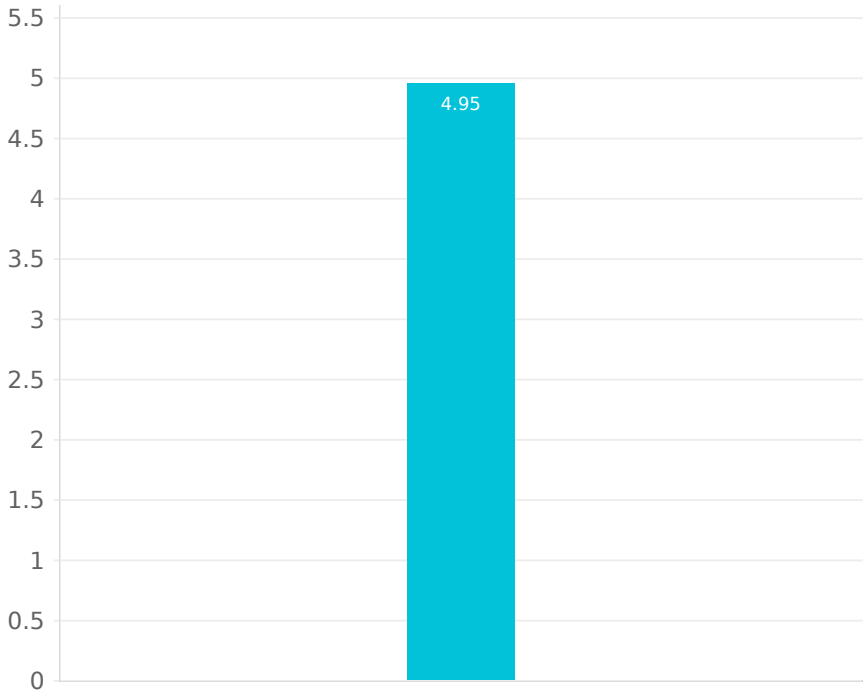
Rating	Response percent	Response count
1 (Strongly Disagree)	0.00%	0
2	0.00%	0
3	0.00%	0
4	5.13%	2
5 (Strongly Agree)	94.87%	37

Average rating: 4.95

Q8

Training safety protocols were established at the beginning of the course and remained a top priority throughout the week.

Answered: 39 Skipped: 0



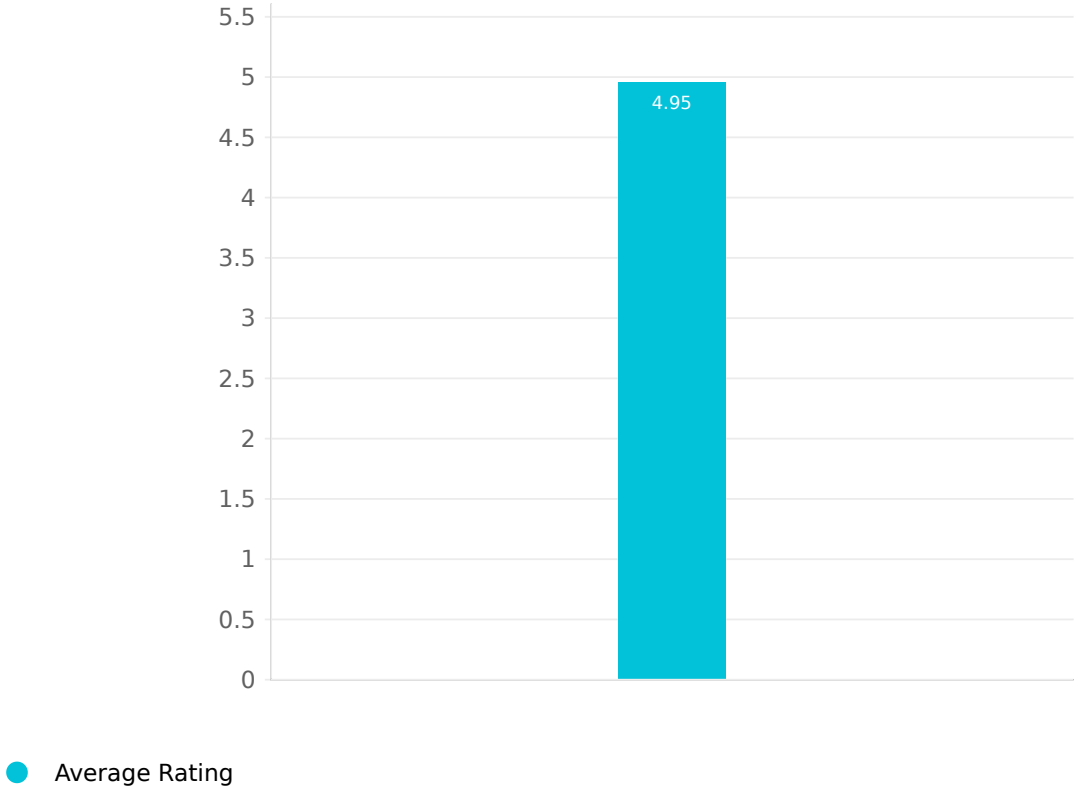
Rating	Response percent	Response count
1 (Strongly Disagree)	0.00%	0
2	0.00%	0
3	0.00%	0
4	5.13%	2
5 (Strongly Agree)	94.87%	37

Average rating: 4.95

Q9

GST proficiency will likely reduce an officer's risk of injury during a use of force encounter.

Answered: 39 Skipped: 0



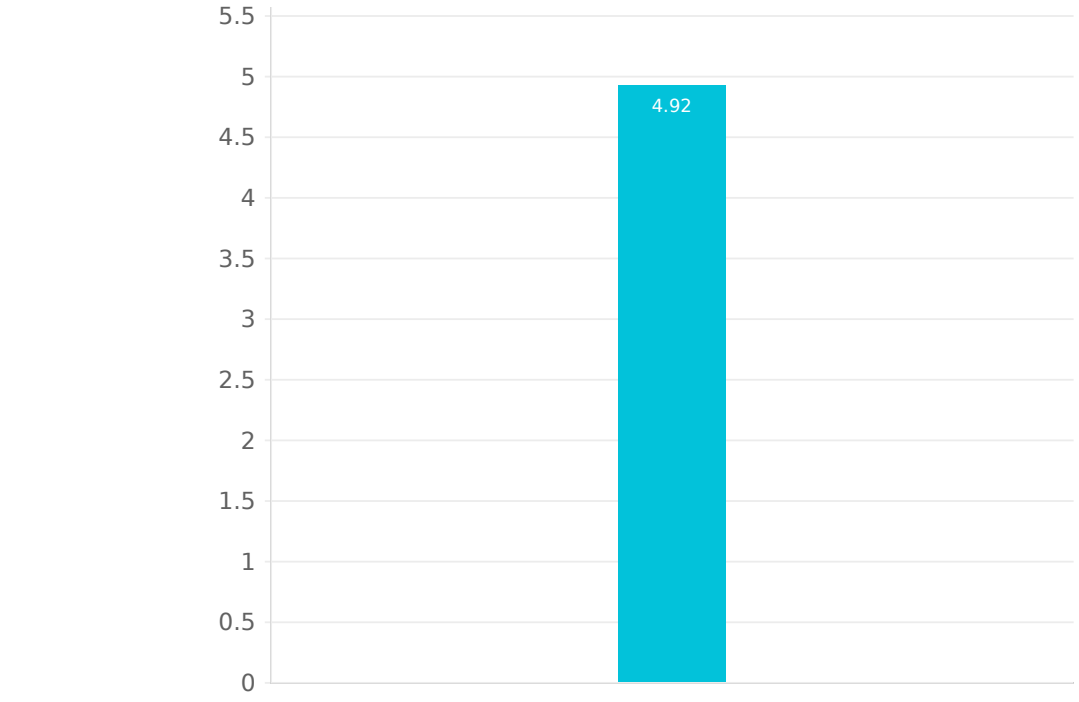
Rating	Response percent	Response count
1 (Strongly Disagree)	0.00%	0
2	0.00%	0
3	0.00%	0
4	5.13%	2
5 (Strongly Agree)	94.87%	37

Average rating: 4.95

Q10

GST proficiency will likely reduce the risk of injury to a suspect during use of force encounter.

Answered: 39 Skipped: 0



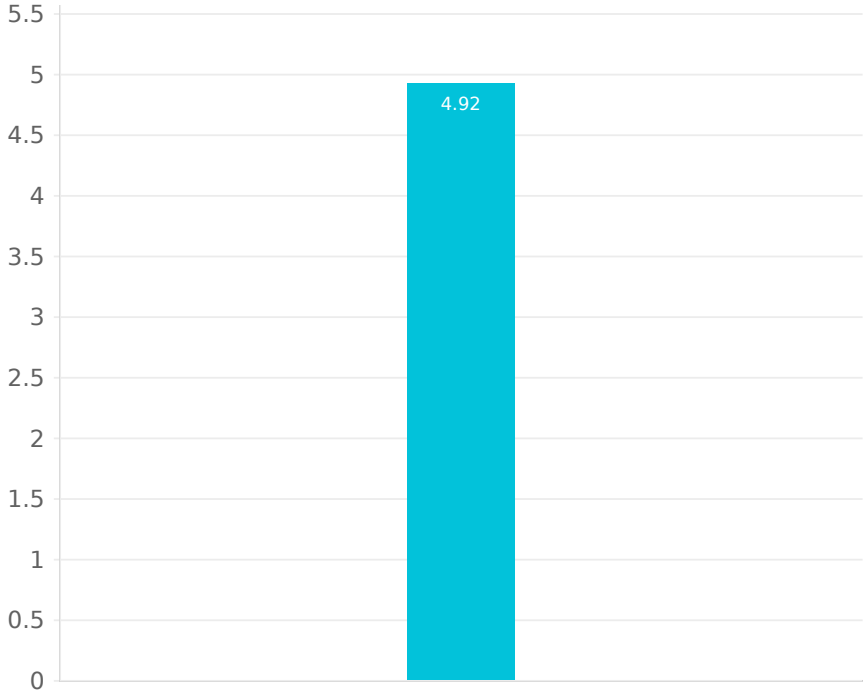
Rating	Response percent	Response count
1 (Strongly Disagree)	0.00%	0
2	0.00%	0
3	0.00%	0
4	7.69%	3
5 (Strongly Agree)	92.31%	36

Average rating: 4.92

Q11

Your level of satisfaction with the Gracie University teaching methodologies (SPF) that you learned during the course:

Answered: 39 Skipped: 0



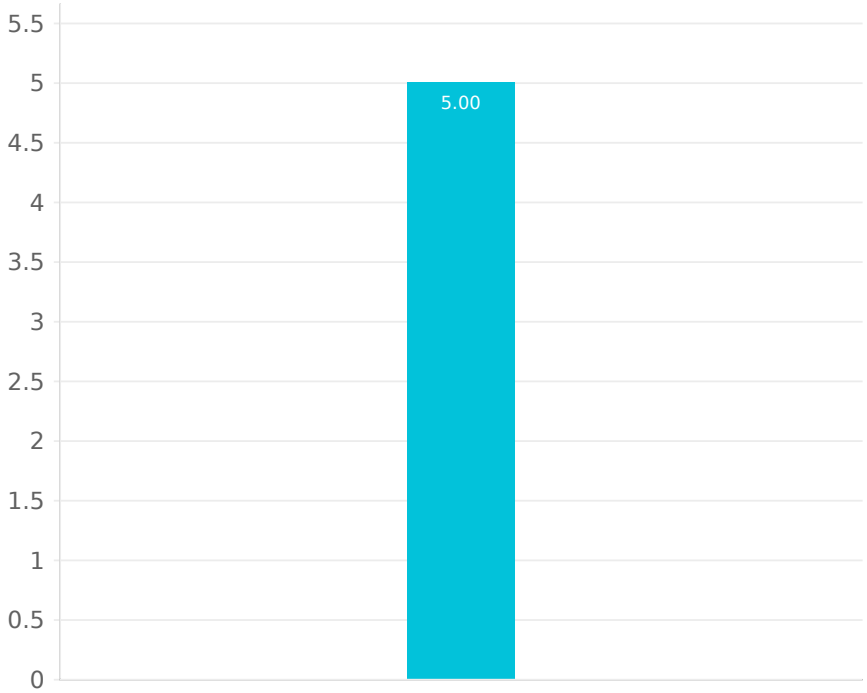
Rating	Response percent	Response count
1 (Dissatisfied)	0.00%	0
2	0.00%	0
3	0.00%	0
4	7.69%	3
5 (Extremely Satisfied)	92.31%	36

Average rating: 4.92

Q12

Likelihood that you will recommend the GST course to other officers:

Answered: 39 Skipped: 0



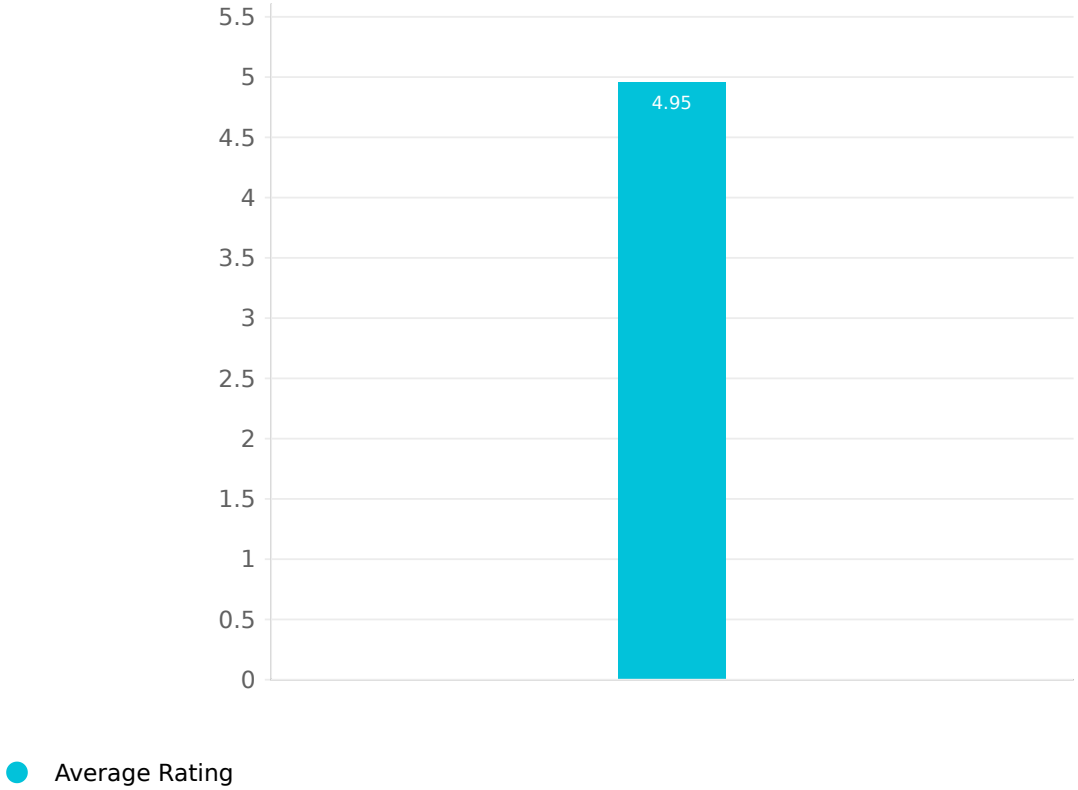
Rating	Response percent	Response count
1 (Very Unlikely)	0.00%	0
2	0.00%	0
3	0.00%	0
4	0.00%	0
5 (Very Likely)	100.00%	39

Average rating: 5.00

Q13

Your overall satisfaction with the GST course as it was presented:

Answered: 39 Skipped: 0



Rating	Response percent	Response count
1 (Waste of Time)	0.00%	0
2	0.00%	0
3	0.00%	0
4	5.13%	2
5 (Best Course Ever)	94.87%	37

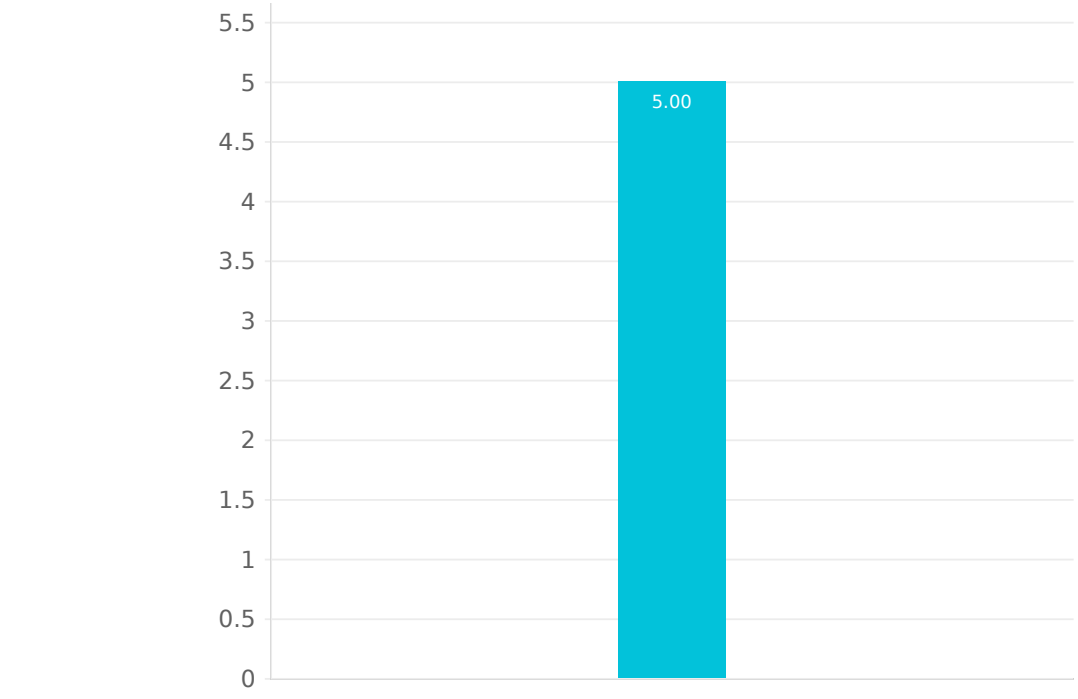
Average rating: 4.95

Instructor Survey

Q14

The instructor clearly stated the objectives of the course.

Answered: 39 Skipped: 0



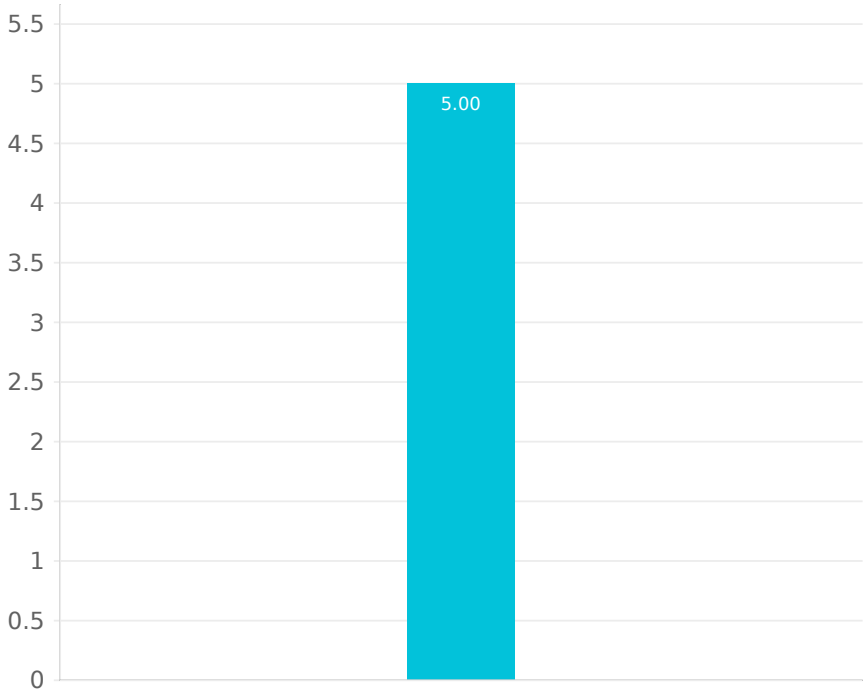
Rating	Response percent	Response count
1 (Strongly Disagree)	0.00%	0
2	0.00%	0
3	0.00%	0
4	0.00%	0
5 (Strongly Agree)	100.00%	39

Average rating: 5.00

Q15

The stated objectives of the course were met.

Answered: 39 Skipped: 0



Rating	Response percent	Response count
1 (Strongly Disagree)	0.00%	0
2	0.00%	0
3	0.00%	0
4	0.00%	0
5 (Strongly Agree)	100.00%	39

Average rating: 5.00

Q16

The material was well organized and presented in a systematic manner.

Answered: 39 Skipped: 0



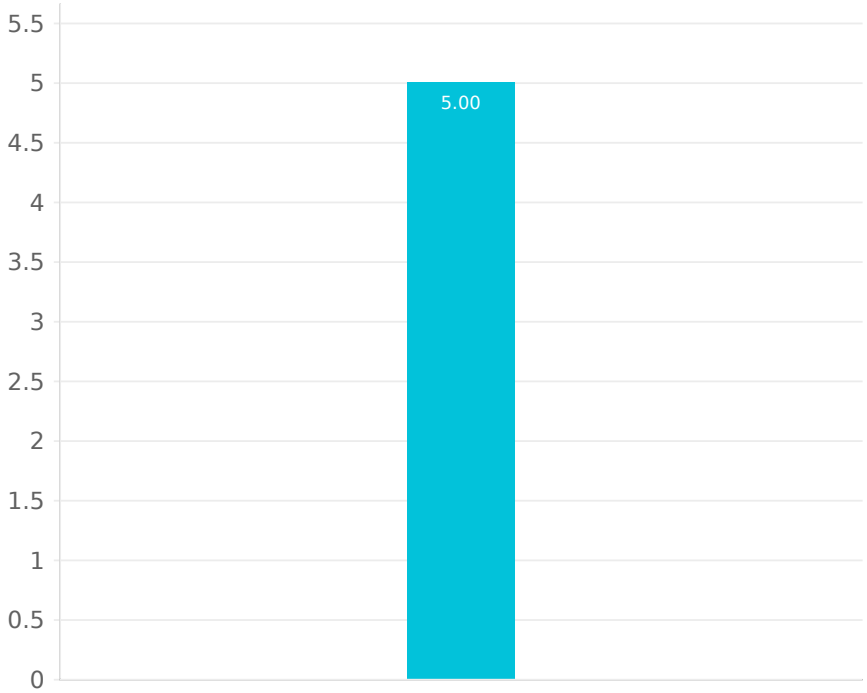
Rating	Response percent	Response count
1 (Strongly Disagree)	0.00%	0
2	0.00%	0
3	0.00%	0
4	2.56%	1
5 (Strongly Agree)	97.44%	38

Average rating: 4.97

Q17

The instructor presented the information at a level you could understand.

Answered: 39 Skipped: 0



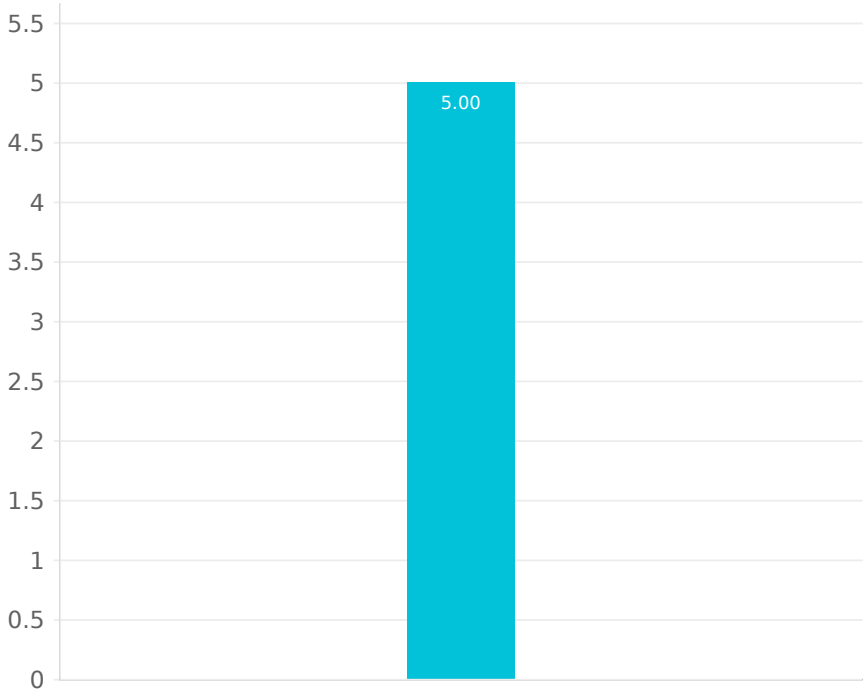
Rating	Response percent	Response count
1 (Strongly Disagree)	0.00%	0
2	0.00%	0
3	0.00%	0
4	0.00%	0
5 (Strongly Agree)	100.00%	39

Average rating: 5.00

Q18

The instructor encouraged you to ask questions.

Answered: 39 Skipped: 0



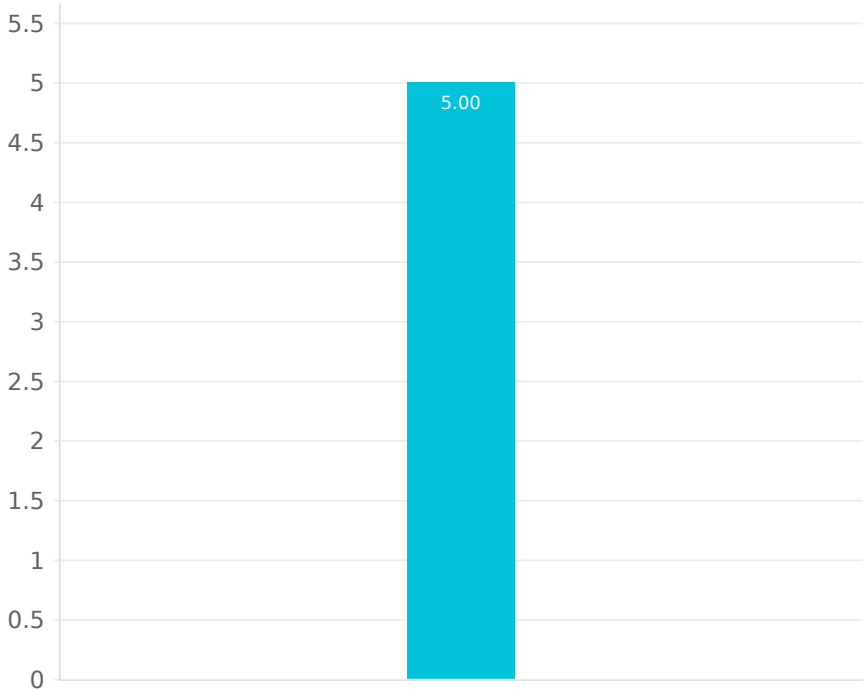
Rating	Response percent	Response count
1 (Strongly Disagree)	0.00%	0
2	0.00%	0
3	0.00%	0
4	0.00%	0
5 (Strongly Agree)	100.00%	39

Average rating: 5.00

Q19

The answers to questions were satisfactory.

Answered: 39 Skipped: 0



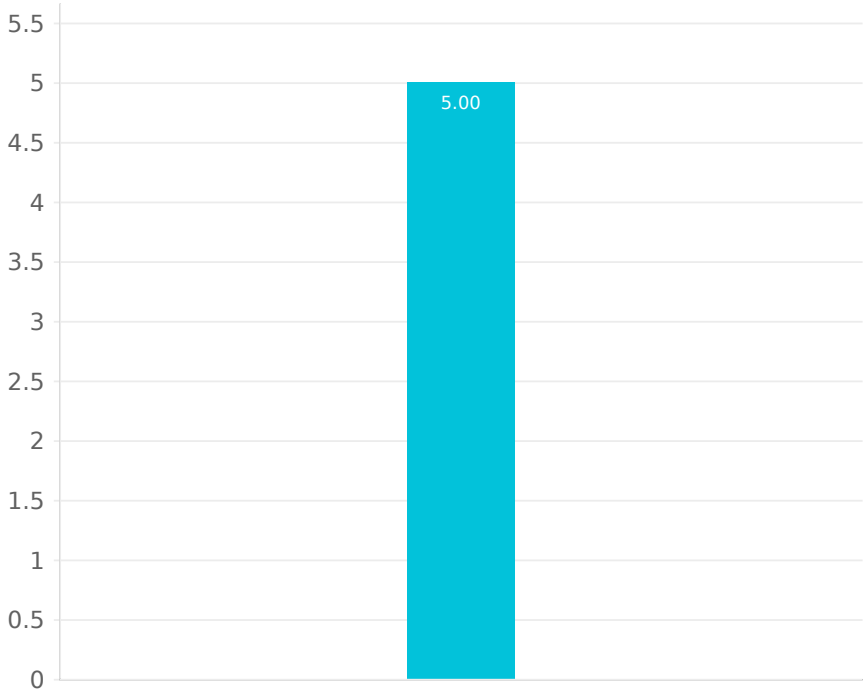
Rating	Response percent	Response count
1 (Strongly Disagree)	0.00%	0
2	0.00%	0
3	0.00%	0
4	0.00%	0
5 (Strongly Agree)	100.00%	39

Average rating: 5.00

Q20

The instructor was an effective communicator.

Answered: 39 Skipped: 0



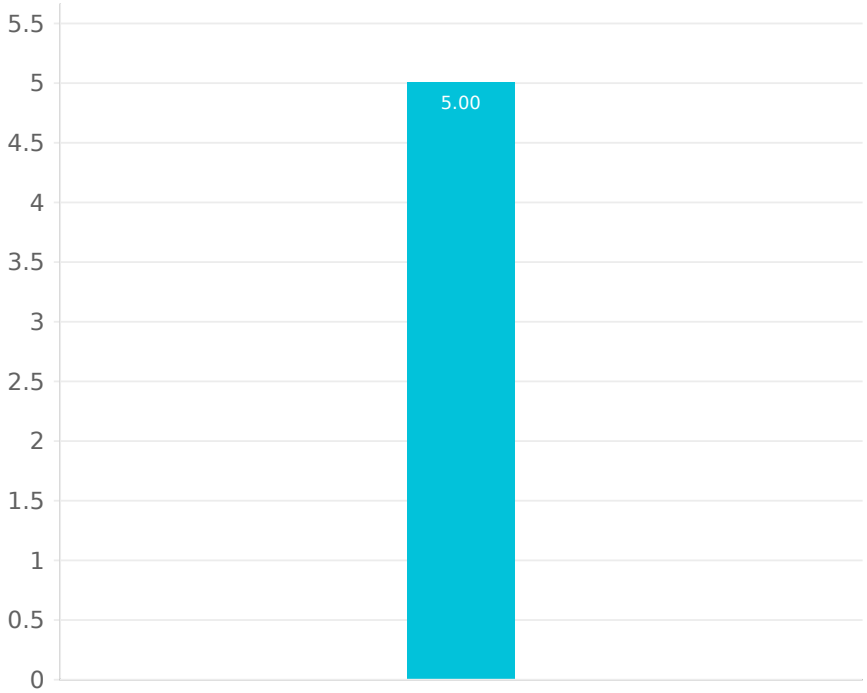
Rating	Response percent	Response count
1 (Strongly Disagree)	0.00%	0
2	0.00%	0
3	0.00%	0
4	0.00%	0
5 (Strongly Agree)	100.00%	39

Average rating: 5.00

Q21

This instructor should be chosen to present this topic again.

Answered: 39 Skipped: 0



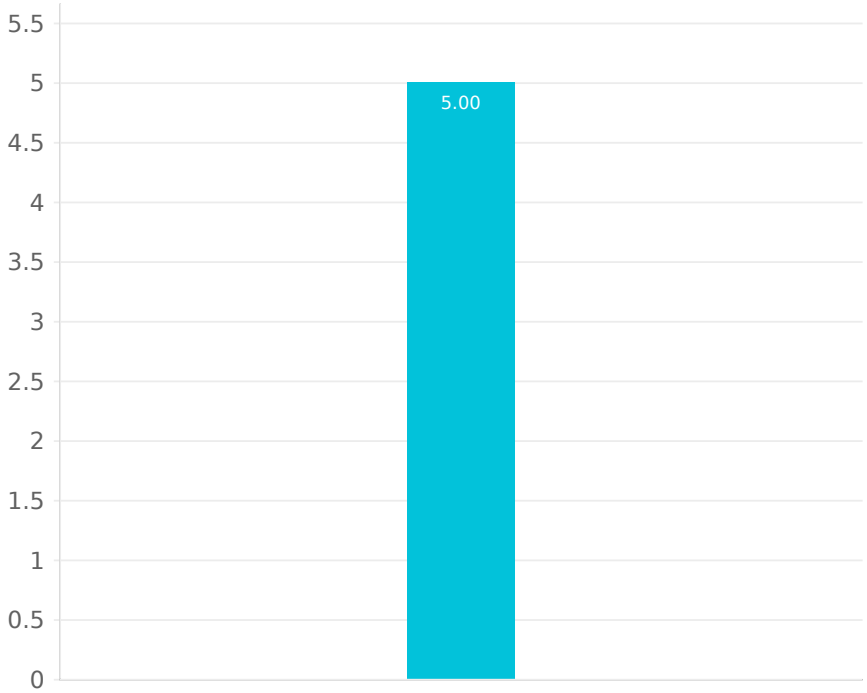
Rating	Response percent	Response count
1 (Strongly Disagree)	0.00%	0
2	0.00%	0
3	0.00%	0
4	0.00%	0
5 (Strongly Agree)	100.00%	39

Average rating: 5.00

Q22

The assistant instructor(s) were valuable contributors to the course.

Answered: 39 Skipped: 0



Rating	Response percent	Response count
1 (Strongly Disagree)	0.00%	0
2	0.00%	0
3	0.00%	0
4	0.00%	0
5 (Strongly Agree)	100.00%	39

Average rating: 5.00

Feedback

Q23

Please provide specific feedback (positive or negative) on the GST course, curriculum, techniques, or teaching methodologies so we can continue to make it better for officers.

Answered: 33 Skipped: 6

1. The instructors were great at teaching.
2. Great Class
3. Great class, great time!
4. Techniques taught were useful and practicable for law enforcement
5. This is hands down the best if not one of the best trainings I've been to. As a law enforcement officer I truly believe that the material learned here will save lives. Not just for law enforcement but for the community we serve.
6. I loved it, I am a black belt and felt very nice to be a student again. I'm thankful for this course.
7. I wish the class was longer because it was fun, but it would let us practice everything more. Aside from that I was amazed at how much I learned in so short a time.
8. Great instructors and very knowledgeable. Covered the material very well.
9. The information provided was clear and concise along with the curriculum.
10. A lot of new techniques
11. Out of the DT instructor courses I've taken, this is definitely and by far better and will be asking my department to send us to level 2 asap.
12. The learning environment the instructors provided was second to none. This was an outstanding class.
13. Overall, I would say this is some of the best training I've received during my career in the military and law enforcement. The only critique I would have is the ability to review techniques either through pictures or videos during the course itself to help refresh the move in your mind.
14. I thought the course was great even for people who do not train. They were able to learn the foundation to be effective in their techniques.
15. Overall the course is amazing. I would have liked to spend more time doing step by step instructions as a group (completing the move together) prior to actually trying to complete the move on my own.
16. Great course. The material and techniques are extremely valuable to real life scenerios and the presentation was superb.
17. This was one of the best trainings I've ever attended. I wish the training was longer.
18. The teaching method is amazing and a great easy way to help officers retain information in short amounts of time
19. The GST Course is a great course for everyone to go to. The instructors and assistants were very helpful for me understand the techniques.
20. The teaching methodologies were exceptional.
21. The course and curriculum are very well formatted. The teaching methodology is amazing it allows for a very clear lesson. I believe this course really allows the student to be fully engaged.
22. Everything was great
23. Class was good with one on one training.

24. As a beginner I liked how the curriculum was so easy to follow. The teaching was well put together and I felt most on the job scenarios were covered.

    The GST course was very educational and the teachings were on point. The instructions were presented in a clear and easy to understand way.

25. The vascular neck restraint has been widely banned throughout California and other states. Many of GST techniques involve neck restraint and blood chokes. Your course has empowered officers to put an end to the fight without the use of VNR. Thank you and I am looking forward to level 2 next year. Please never stop this program it needs to be available forever!

26. I gave the presentation framework a “4” because I haven’t had time to use it. I may give it higher scores after using it for a while.

27. Great material

28. I think it was great teaching very good feedback and positive people to be around.

29. I believe this course was the best use of force course I've ever attended. I've been in law enforcement for 16 years and this curriculum was easy to digest and practical to real world situations.

30. Best seminar I’ve attended.

Q24

Please provide specific feedback (positive or negative) on the head instructor's performance so they can continue to reach new heights with your help.

Answered: 36 Skipped: 3

1. They explained and demonstrated everything for everyone to understand
2. Great Class
3. Great instructor. Can relate to him easily.
4. Instructors were enthusiastic and approachable which made learning easy and engaging.
5. Instructors made this training feel like a family environment. Much appreciated. They care
6. Great communicator and incredible display of knowledge.
7. Very knowledgable and was able to relate to other officers and provided excellent instruction.
8. Loved Allen as in instructor! Taught very well and knowledgeable.
9. Allen was absolutely amazing when teaching the course.
10. Allan was amazing and a well of knowledge and options to everything we did. Clear instruction that provided clarity to learn as I never had any martial arts or fight training before this course.
11. Allan was amazing. He was approachable, thorough, and understanding.
12. Alan was a fantastic instructor. Great energy! Would highly recommend to any body on the fence taking this course.
13. Allan was AMAZING. He was super personable and knew exactly how to communicate all lessons. Nothing negative to say about him.
14. Very motivated and believes in what he is teaching, I have nothing negative to say.
15. Amazing instructor. Very knowledgeable and extremely good and teaching and presenting the material.
16. Allan is an amazing instructor and should be teaching more to law enforcement.
17. Amazing!!!
18. Allen is great. Allen motivated me and gave me confidence in understanding the techniques.
19. Motivated, experienced and professional. I enjoyed his energy and clarity in instruction.
20. Head instructor was outstanding in every aspect of teaching, relating, and demonstration.
21. Allan was great, he was very clear and assured all students grasped the lesson being taught.
22. Amazing job!
23. Instructors were helpful with all methods of teaching
24. I thought the lead instructor was awesome. I was nervous about the course but the way he presented and explained things helped me out a lot.
25. Outstanding, I appreciate his anecdotal example he included in between lecture and technique. Very passionate and dedicated to the brand.
26. Allan was amazing. I can’t emphasize that enough. I’ll be forever grateful for having the experience of being taught by him.
27. The instructors were polite and welcoming and always so helpful I’m very grateful for them.
28. Was very helpful and did a good job explaining the techniques.
29. Alan was an excellent instructor. I didn’t see any areas of weakness.
30. Allan is awesome, he has given me the motivation to bring GST too my department.
31. Personable, great master instructor, and with motivational teaching method.
32. Man, Allan was so cool, such a wealth of experience, and it’s amazing that he trained with Rickson and Sauer. So jealous.

33. Incredible resource and instruction.
34. Allan was amazing, he made sure to give feedback to everyone. He was very attentive and knowledgeable
35. Alan is a great instructor and very personable. I didnt feel intimidated by his level of experience as a 4th degree black belt in any way. He was receptive to questions and made me feel that he legitimately cared about our ability to understand, learn, and apply the techniques. I also appreciate him sharing his personal experiences; it really drove the lessons home.
36. Made everything easy to learn and relatable.

Q25

Please provide specific feedback (positive or negative) on the assistant instructor(s) performance(s) so they can continue to improve their skills and optimize their interactions.

Answered: 36 Skipped: 3

1. Gave great feedback and help to all.
2. Great Class
3. Great instructor and was very approachable!
4. Instructors were enthusiastic and approachable which made learning easy and engaging.
5. Assistant instructor was very helpful and knowledgeable about the material
6. Incredibly approachable, very knowledgeable and essencial for the course.
7. Very knowledgeable and gave valuable insight for the techniques taught.
8. Jeremiah was great to have as an assistant instructor! He complimented Allen very well. They were a great combo.
9. The assistance was a wealth of knowledge and the 2 worked extremely well.
10. Jeremiah was amazing as well, didn’t kiss a beat with teaching and assisting with just as much knowledge and assistance in getting the technique down and understanding it.
11. Jeremiah was a wealth of knowledge and enhanced the learning environment.
12. Jeremiah was great! He provided valuable insight into the techniques and his passion for training really comes through.
13. Even though he was an assistant, I think he'd make a great head instructor. He consistently dropped amazing words of knowledge to us.
14. Very knowledgeable and articulate with details.
15. Very knowledgeable and great input to the course. Did a great job!
16. Jeramiha was also amazing with his instructions. He should be a lead instructor sometime soon.
17. Amazing!!!
18. The assistant was also great and helped me understand the techniques.
19. Wealth of knowledge.
20. Very quite and reserve but when he spoke his presence and knowledge was demanding
21. Jerimiah was very knowledgeable, he is a great instructor and helped with all questions we had.
22. Amazing job
23. Nothing to note
24. The assistant instructor was very helpful as well. It was intimidating but the assistant instructor was very approachable
25. I really appreciated Jeremiah’s perspective. I think he should seek the online academy more if he is a product of it.
26. Jeremiah was also great. He complimented Allan very well, and offered valuable insight at times, while not trying to overstep his role.
27. I felt the assistant and the main instructor worked amazing together the entire presentation flowed beautiful and the vibes were incredible.
28. They were helpful when stuck on spots of the techniques.
29. Jeremiah was an excellent assistant to Alan. I can easy see Jeremiah being a head instructor as well.
30. Jeremiah is a scientist, enough said.
31. Wealth of knowledge and excellent presenter. Seamless transition when teaching with the head instructor on all techniques.

32. Jeremiah was super cool. Only rub is he isn’t a cop. But, super technical guy. He was great.
33. Incredible help
34. Jeremiah has a loud clear voice and explains everything throughly. Him and Allan compliment each other very well.
35. Jeremiah was a great assistant and a 'gentle giant' when critiquing our techniques. He played a great complimentary role to Alan and was awesome with driving home additional relevant points.
36. Did great with expanding on certain techniques when applicable.

Gracie University Online Access Application

As a certified instructor, you will be granted access to the GST Level 1 comprehensive online video curriculum.

The primary benefit is that you will be able to review the techniques in detail before teaching them to your colleagues. Another key benefit is that anytime a technique is altered or added to the program, we will update the corresponding video lesson online so that you will get instant access to the updated technique.

The GST online viewing privileges will remain active for the duration of your GST certification period. Consequently, it is essential that you plan your GST recertifications no more than 24 months apart.

IN ORDER FOR US TO UNLOCK YOUR ONLINE GST ACCESS, **YOU MUST HAVE A GRACIE UNIVERSITY ONLINE STUDENT PROFILE.** If you already have one, continue with the online application below. If not, please click here to create your free student profile (it only takes 60 seconds). If you're creating a new profile, we strongly recommend using your personal email since government email address tend to have firewall issues.

Once you've created a free student profile, please provide the following information so that we may unlock (or renew) the GST course in your lesson library.