GST Level 1

22
Total Responses

20 Completed Responses

2 Partial Responses

3519
Survey Visits

Average Ratings

Questions	Average Ratings	Out of
The jiu-jitsu techniques presented in GST were effectively adapted for use in law enforcement.	4.86	5
Training safety protocols were established at the beginning of the course and remained a top priority throughout the week.	4.91	5
GST proficiency will likely reduce an officer's risk of injury during a use of force encounter.	4.91	5
GST proficiency will likely reduce the risk of injury to a suspect during use of force encounter.	4.82	5
Your level of satisfaction with the Gracie University teaching methodologies (SPF) that you learned during the course:	4.86	5
Likelihood that you will recommend the GST course to other officers:	5.00	5
Your overall satisfaction with the GST course as it was presented:	4.95	5
The instructor clearly stated the objectives of the course.	4.95	5
The stated objectives of the course were met.	4.95	5
The material was well organized and presented in a systematic manner.	4.91	5
The instructor presented the information at a level you could understand.	4.91	5
The instructor encouraged you to ask questions.	5.00	5
The answers to questions were satisfactory.	5.00	5
The instructor was an effective communicator.	4.95	5
This instructor should be chosen to present this topic again.	5.00	5
The assistant instructor(s) were valuable contributors to the course.	5.00	5

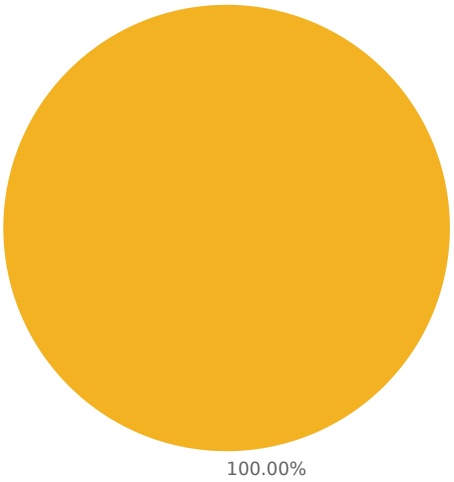
Overall average survey rating: 9.88/10

Course Information

Q1

Name of the GST Head Instructor for your course:

Answered: 22 Skipped: 0

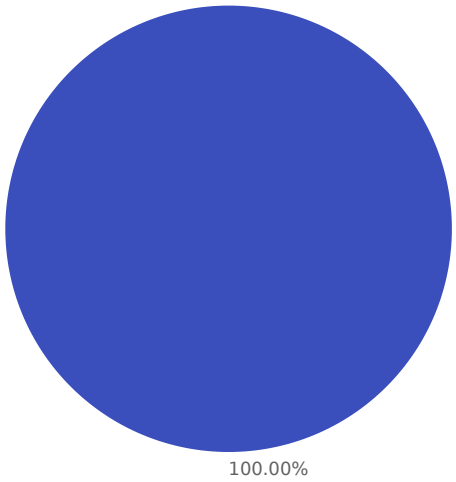


Choices	Response percent	Response count
Tom Chuckerel	0.00%	0
Allan Manganello	0.00%	0
Charlie Fernandez	0.00%	0
Evandro Nunes	0.00%	0
Ryron Gracie	100.00%	22
Rener Gracie	0.00%	0
Nate Brigmon	0.00%	0
Jeff Greekas	0.00%	0
John Ingallina	0.00%	0
Other (Please Specify) No Responses	0.00%	0

Q2

Name of the primary GST Assistant Instructor for your course:

Answered: 22 Skipped: 0



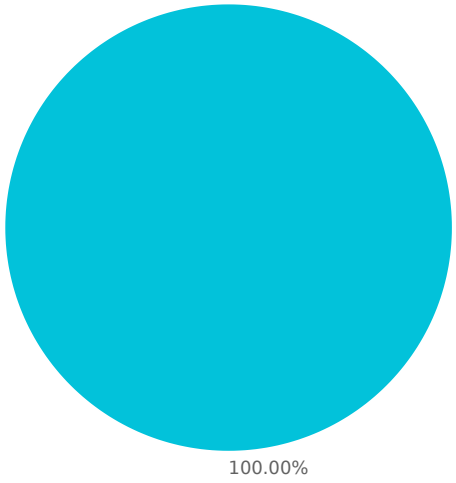
Charlie Fernandez	Guy Scuderi	Jeremiah Hackerott
Tom Chuckerel	Nate Brigmon	John Ingallina
Justin Wade	Neil Warren	Damon Gilbert
Howard Steele	Jeff Greekas	Allan Manganello
Cameron Price	Ben Zapata	Mark Ammerman
Mark Miller	Bernardo Figueiredo	David Lee
Felix Acosta	Other (Please specify)	

Choices	Response percent	Response count
Charlie Fernandez	0.00%	0
Guy Scuderi	100.00%	22
Jeremiah Hackerott	0.00%	0
Tom Chuckerel	0.00%	0
Nate Brigmon	0.00%	0
John Ingallina	0.00%	0
Justin Wade	0.00%	0
Neil Warren	0.00%	0
Damon Gilbert	0.00%	0
Howard Steele	0.00%	0
Jeff Greekas	0.00%	0
Allan Manganello	0.00%	0
Cameron Price	0.00%	0
Ben Zapata	0.00%	0
Mark Ammerman	0.00%	0
Mark Miller	0.00%	0
Bernardo Figueiredo	0.00%	0
David Lee	0.00%	0
Felix Acosta	0.00%	0
Other (Please specify) No Responses	0.00%	0

Q3

Is this your first time certifying in GST, or is this your recertification?

Answered: 22 Skipped: 0



Choices	Response percent	Response count
First Time	100.00%	22
Recertification	0.00%	0

GST Course Location

Q4

City, State

Answered: 22 Skipped: 0

Field label	Response percent	Response count
City	100.00%	22 Responses
State	100.00%	22 Responses

City	State
Fort Benning	Georgia
Ft. Benning	Georgia
Columbus	Georgia
Aiken	SC
Ft benning	Georgia
Ft. Benning	GA
Ft. Benning	Georgia
Ft Benning	GA
Ft benning	Ga
Fort Benning	GA
Fort Benning	GA
Fort Benning	GA
Fort Benning	Georgia
Ft. Benning	Georgia
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Columbus	Ga
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Columbus	GA
Ft. Benning	Georgia
Fort Benning	Georgia

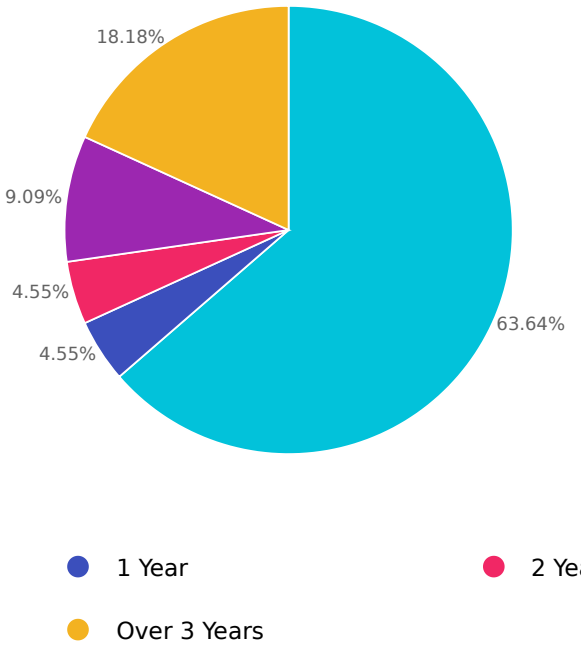
Columbus	Georgia
Ft. Benning	GA

Course Survey

Q5

How many years of jiu-jitsu experience did you have prior to attending the course?

Answered: 22 Skipped: 0

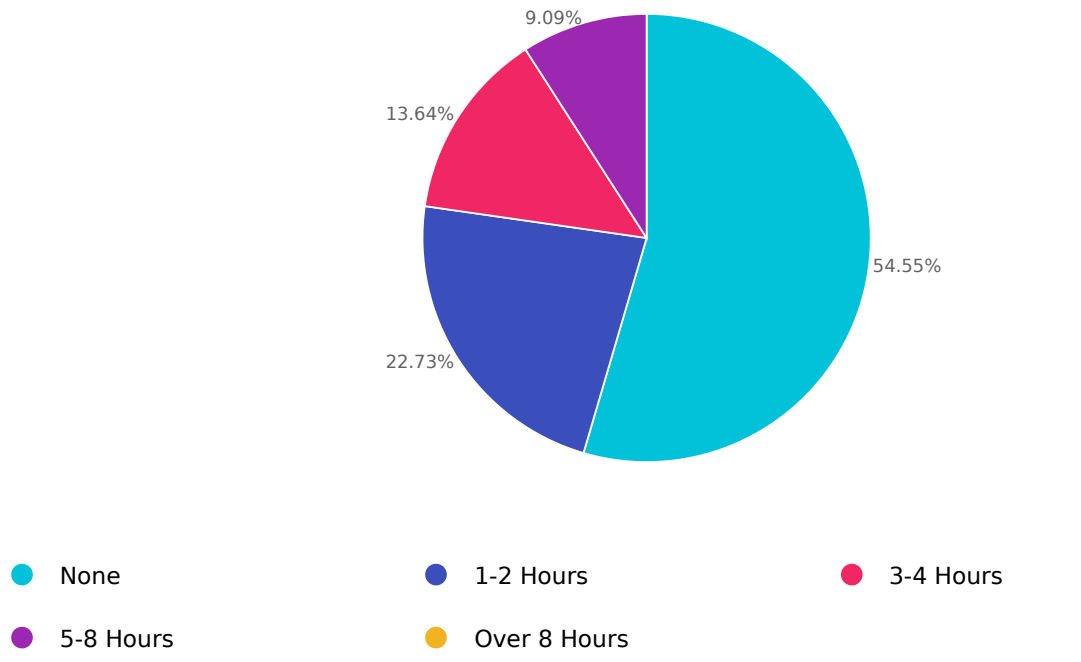


Choices	Response percent	Response count
None	63.64%	14
1 Year	4.55%	1
2 Years	4.55%	1
3 Years	9.09%	2
Over 3 Years	18.18%	4

Q6

How many hours of ground control does your agency mandate for in-service officers each year?

Answered: 22 Skipped: 0

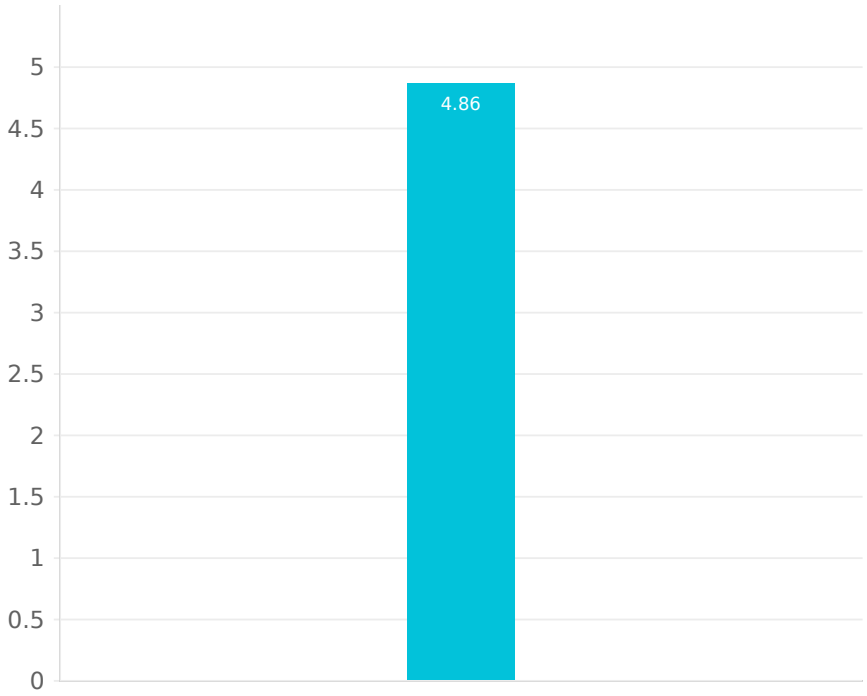


Choices	Response percent	Response count
None	54.55%	12
1-2 Hours	22.73%	5
3-4 Hours	13.64%	3
5-8 Hours	9.09%	2
Over 8 Hours	0.00%	0

Q7

The jiu-jitsu techniques presented in GST were effectively adapted for use in law enforcement.

Answered: 22 Skipped: 0



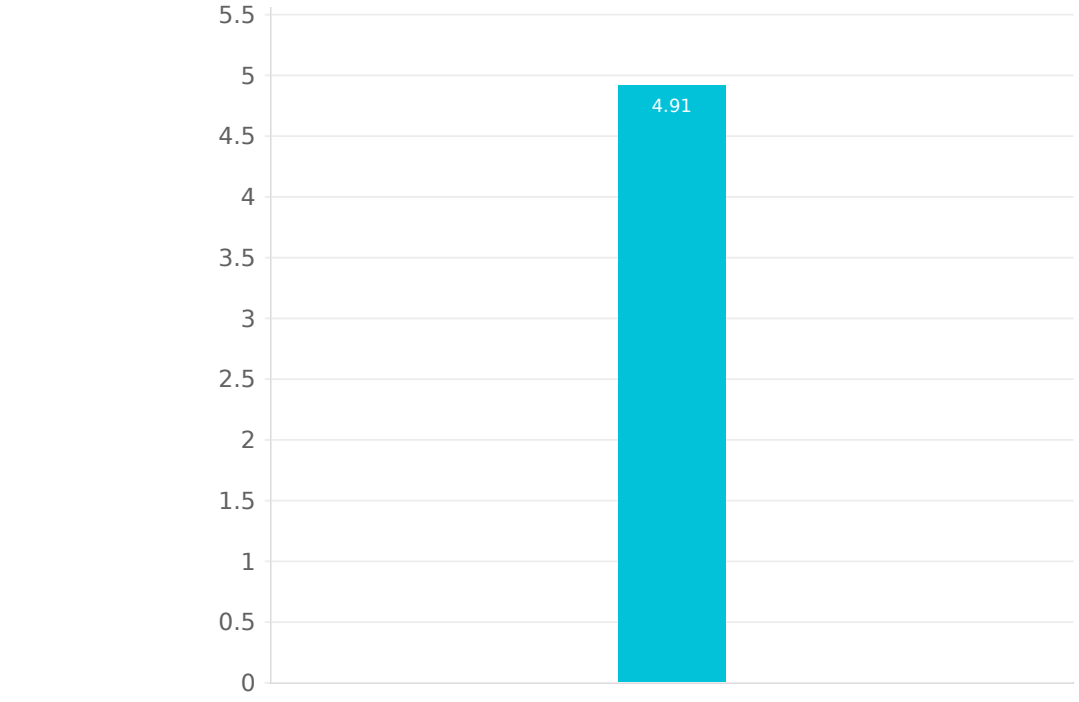
Rating	Response percent	Response count
1 (Strongly Disagree)	0.00%	0
2	0.00%	0
3	0.00%	0
4	13.64%	3
5 (Strongly Agree)	86.36%	19

Average rating: 4.86

Q8

Training safety protocols were established at the beginning of the course and remained a top priority throughout the week.

Answered: 22 Skipped: 0



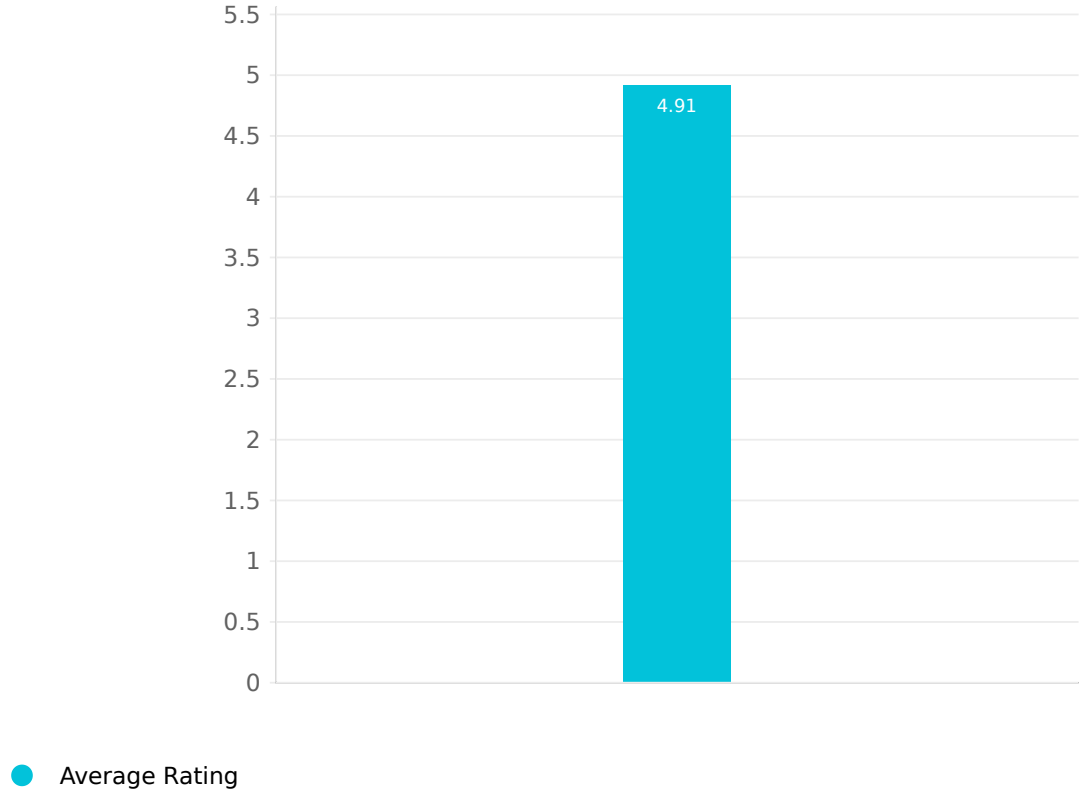
Rating	Response percent	Response count
1 (Strongly Disagree)	0.00%	0
2	0.00%	0
3	4.55%	1
4	0.00%	0
5 (Strongly Agree)	95.45%	21

Average rating: 4.91

Q9

GST proficiency will likely reduce an officer's risk of injury during a use of force encounter.

Answered: 22 Skipped: 0



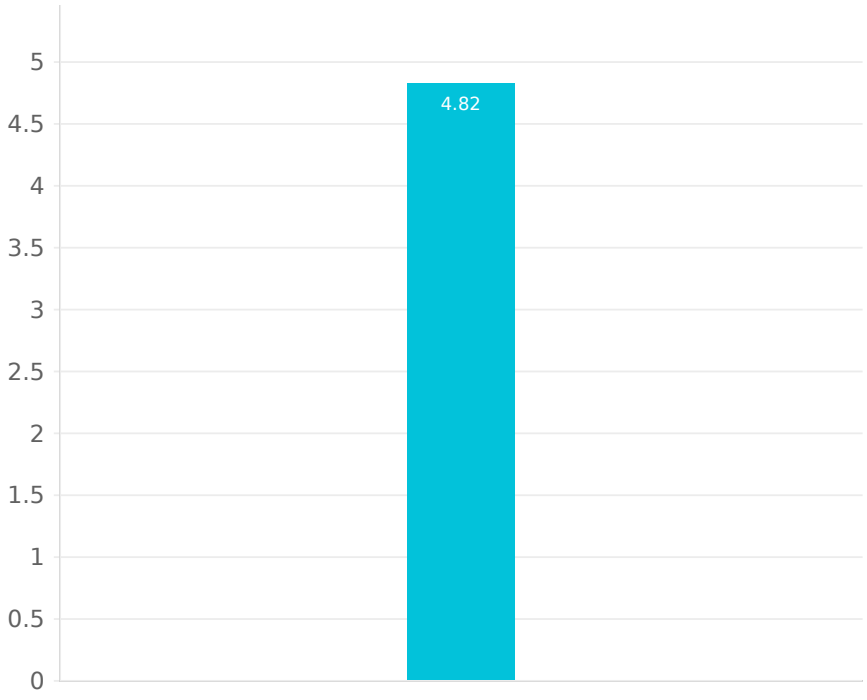
Rating	Response percent	Response count
1 (Strongly Disagree)	0.00%	0
2	0.00%	0
3	0.00%	0
4	9.09%	2
5 (Strongly Agree)	90.91%	20

Average rating: 4.91

Q10

GST proficiency will likely reduce the risk of injury to a suspect during use of force encounter.

Answered: 22 Skipped: 0



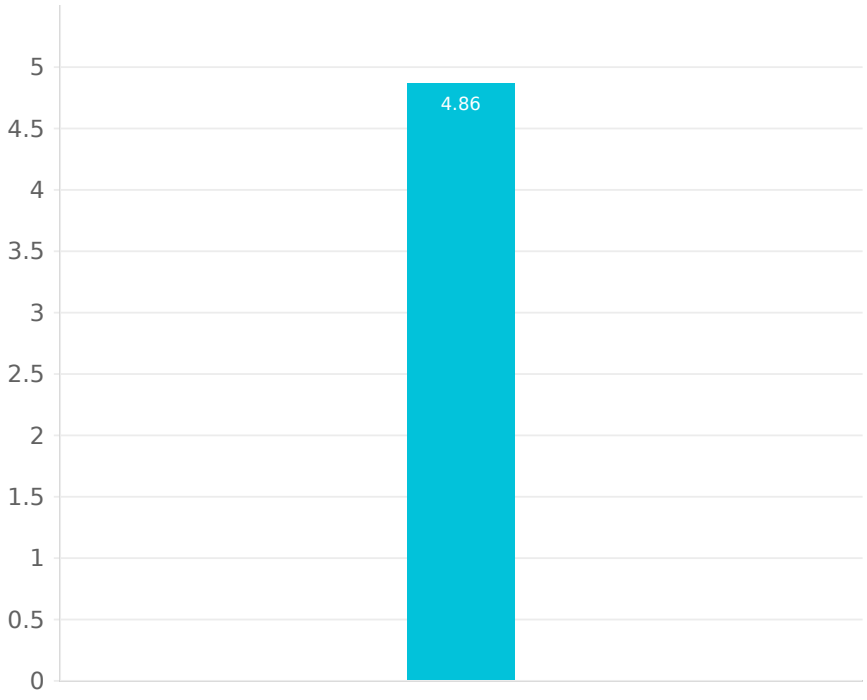
Rating	Response percent	Response count
1 (Strongly Disagree)	0.00%	0
2	0.00%	0
3	0.00%	0
4	18.18%	4
5 (Strongly Agree)	81.82%	18

Average rating: 4.82

Q11

Your level of satisfaction with the Gracie University teaching methodologies (SPF) that you learned during the course:

Answered: 22 Skipped: 0



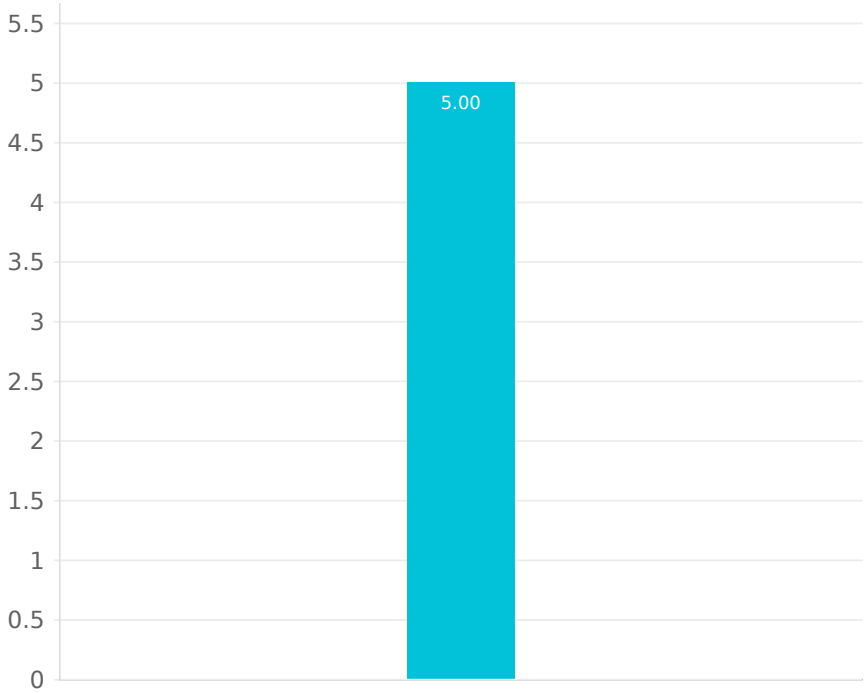
Rating	Response percent	Response count
1 (Dissatisfied)	0.00%	0
2	0.00%	0
3	4.55%	1
4	4.55%	1
5 (Extremely Satisfied)	90.91%	20

Average rating: 4.86

Q12

Likelihood that you will recommend the GST course to other officers:

Answered: 22 Skipped: 0



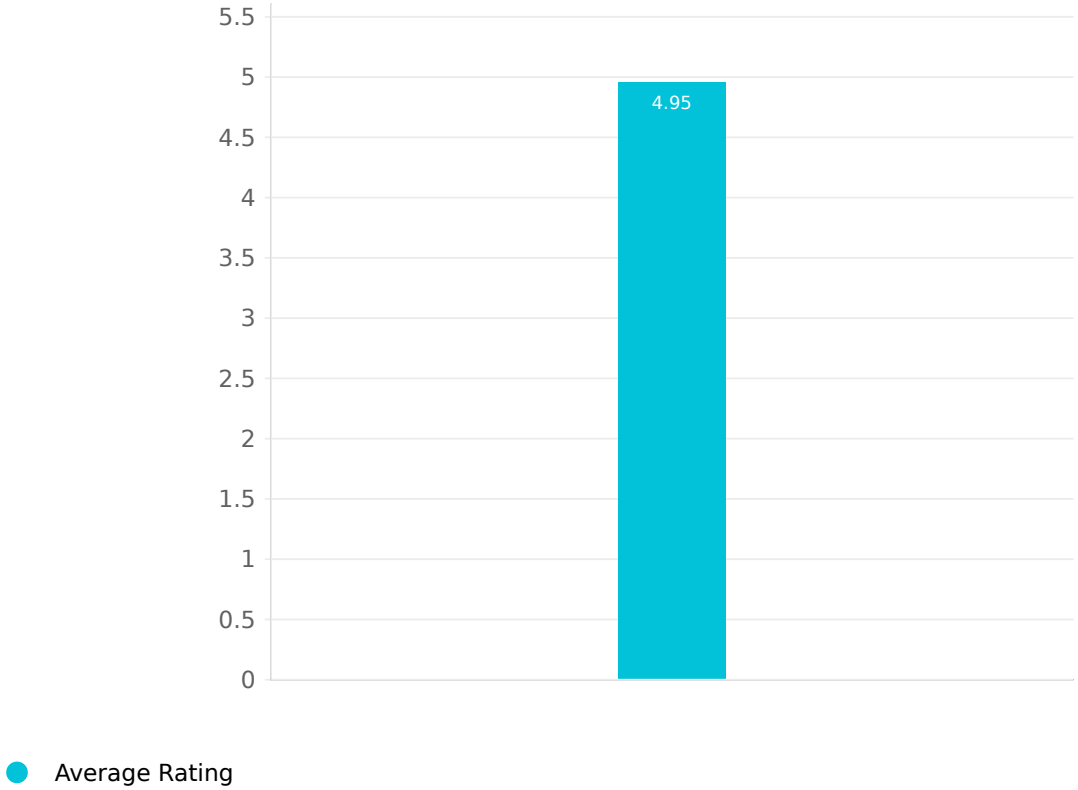
Rating	Response percent	Response count
1 (Very Unlikely)	0.00%	0
2	0.00%	0
3	0.00%	0
4	0.00%	0
5 (Very Likely)	100.00%	22

Average rating: 5.00

Q13

Your overall satisfaction with the GST course as it was presented:

Answered: 22 Skipped: 0



Rating	Response percent	Response count
1 (Waste of Time)	0.00%	0
2	0.00%	0
3	0.00%	0
4	4.55%	1
5 (Best Course Ever)	95.45%	21

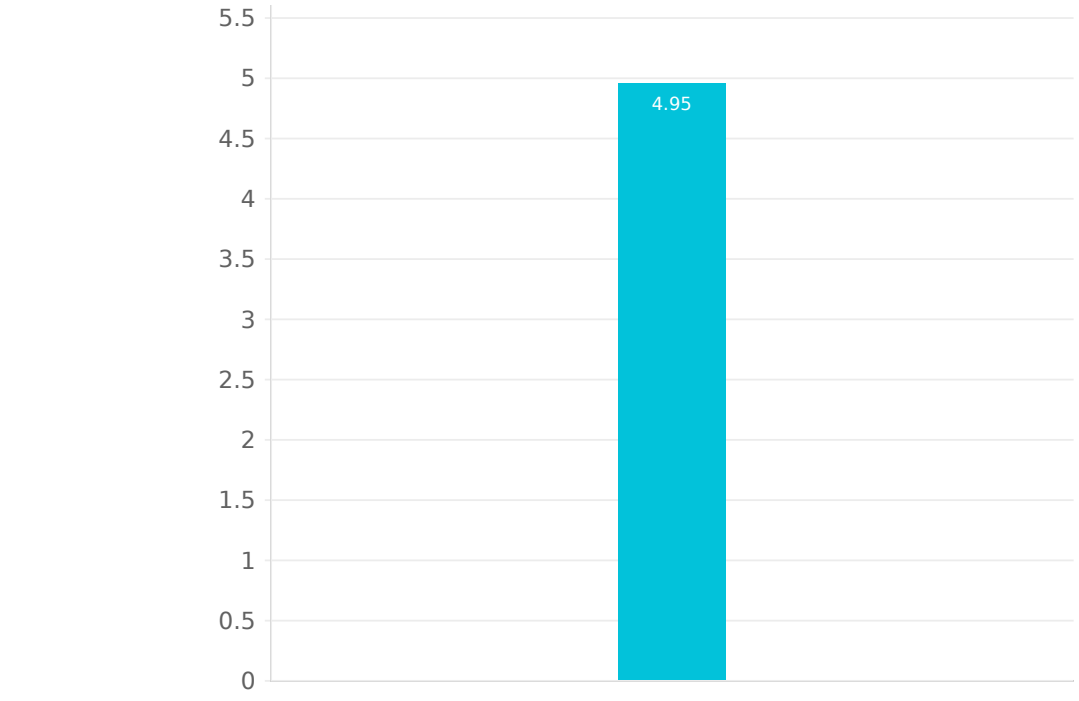
Average rating: 4.95

Instructor Survey

Q14

The instructor clearly stated the objectives of the course.

Answered: 22 Skipped: 0



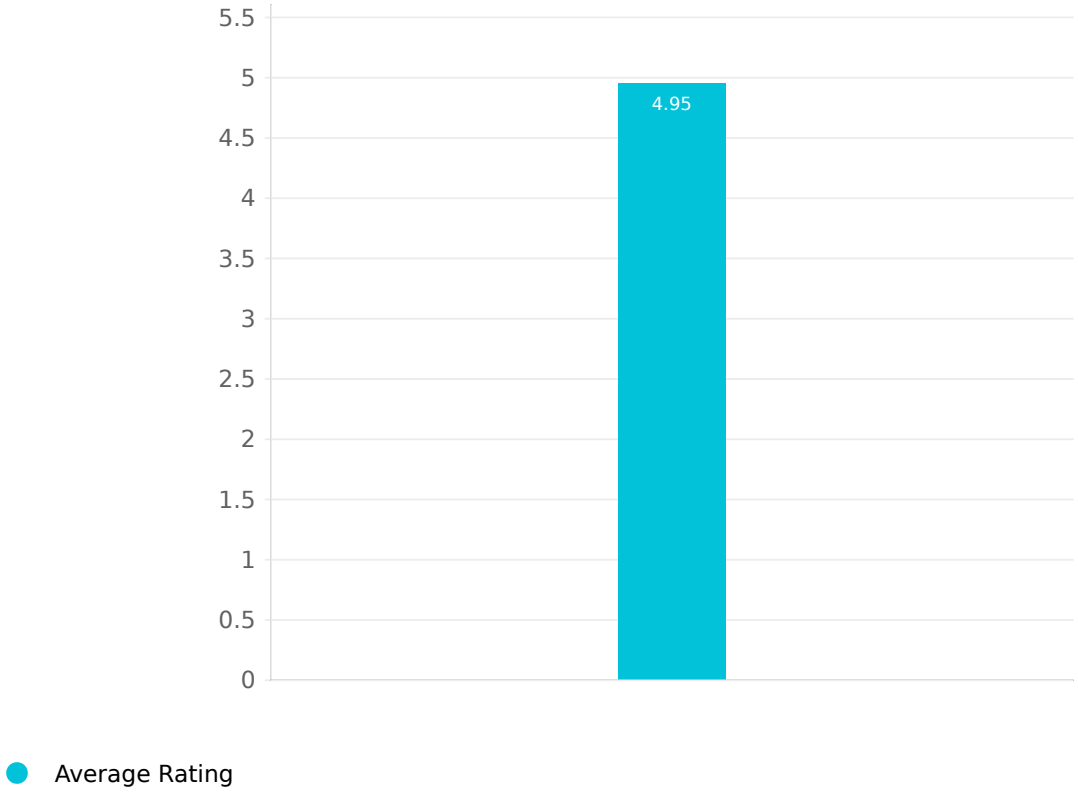
Rating	Response percent	Response count
1 (Strongly Disagree)	0.00%	0
2	0.00%	0
3	0.00%	0
4	4.55%	1
5 (Strongly Agree)	95.45%	21

Average rating: 4.95

Q15

The stated objectives of the course were met.

Answered: 22 Skipped: 0



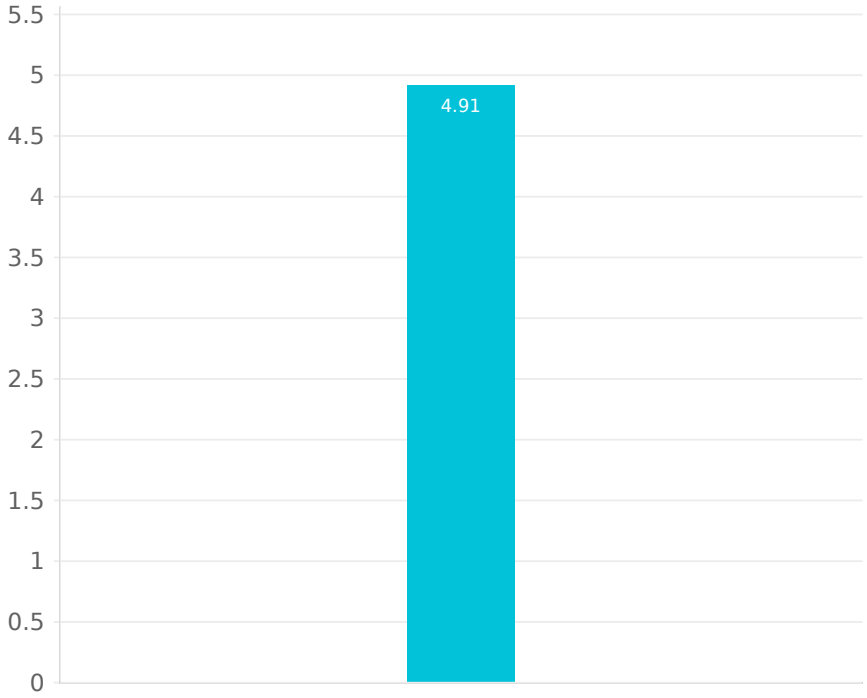
Rating	Response percent	Response count
1 (Strongly Disagree)	0.00%	0
2	0.00%	0
3	0.00%	0
4	4.55%	1
5 (Strongly Agree)	95.45%	21

Average rating: 4.95

Q16

The material was well organized and presented in a systematic manner.

Answered: 22 Skipped: 0



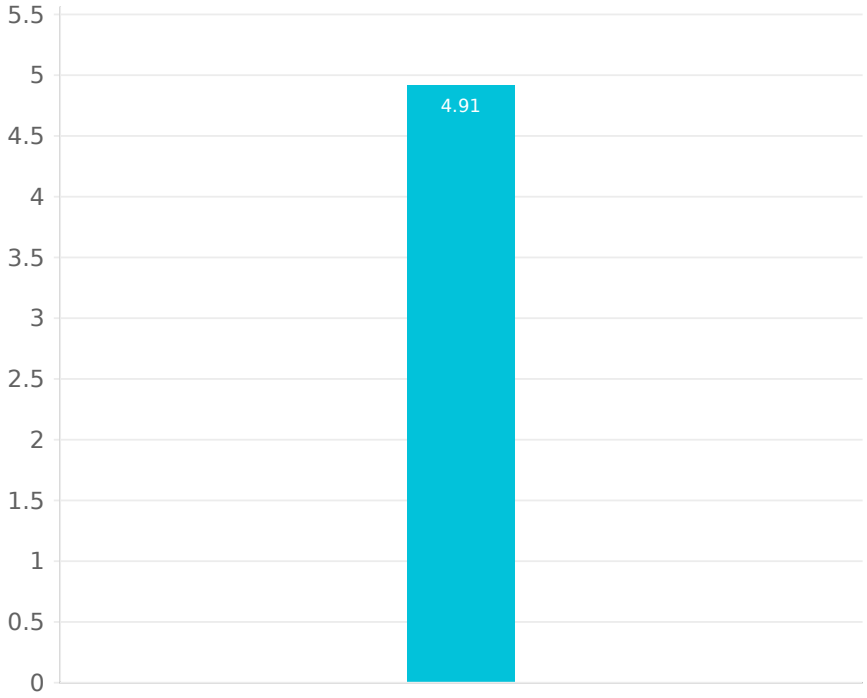
Rating	Response percent	Response count
1 (Strongly Disagree)	0.00%	0
2	0.00%	0
3	4.55%	1
4	0.00%	0
5 (Strongly Agree)	95.45%	21

Average rating: 4.91

Q17

The instructor presented the information at a level you could understand.

Answered: 22 Skipped: 0



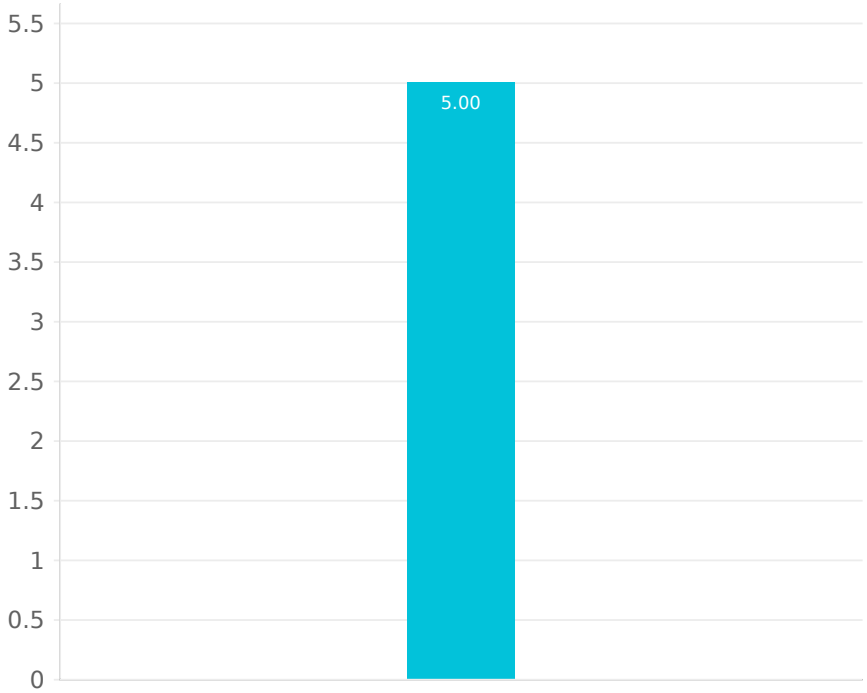
Rating	Response percent	Response count
1 (Strongly Disagree)	0.00%	0
2	0.00%	0
3	0.00%	0
4	9.09%	2
5 (Strongly Agree)	90.91%	20

Average rating: 4.91

Q18

The instructor encouraged you to ask questions.

Answered: 22 Skipped: 0



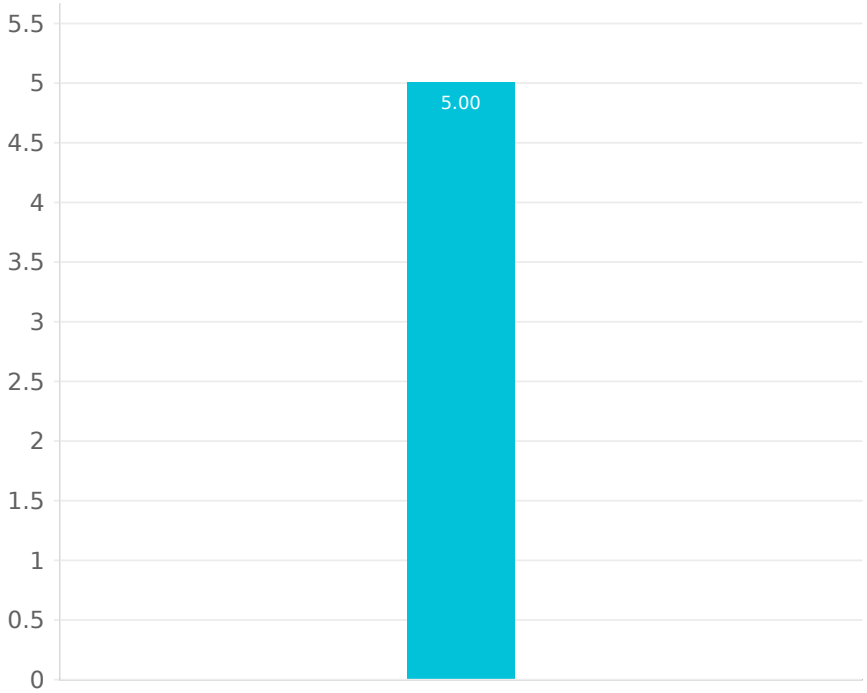
Rating	Response percent	Response count
1 (Strongly Disagree)	0.00%	0
2	0.00%	0
3	0.00%	0
4	0.00%	0
5 (Strongly Agree)	100.00%	22

Average rating: 5.00

Q19

The answers to questions were satisfactory.

Answered: 22 Skipped: 0



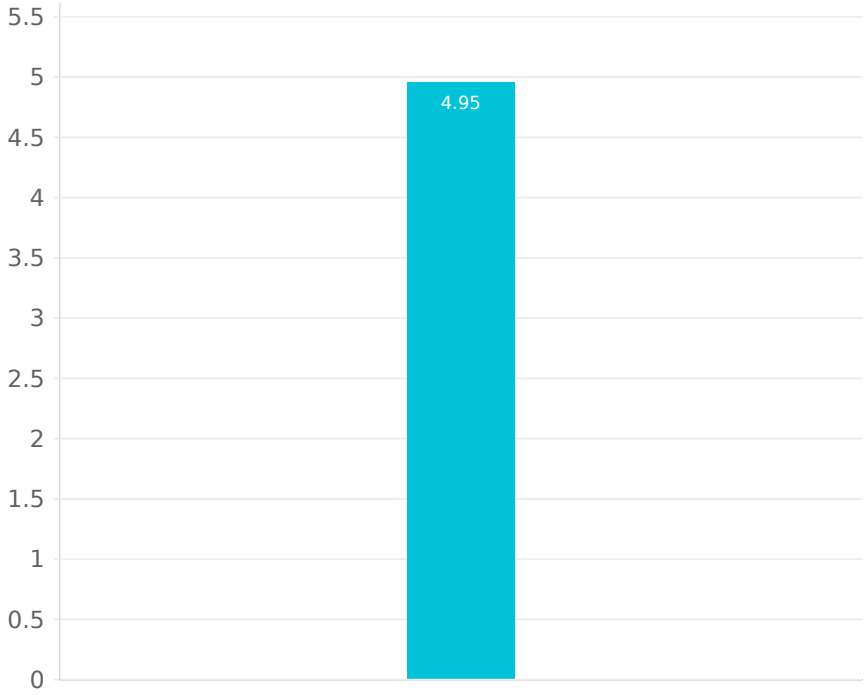
Rating	Response percent	Response count
1 (Strongly Disagree)	0.00%	0
2	0.00%	0
3	0.00%	0
4	0.00%	0
5 (Strongly Agree)	100.00%	22

Average rating: 5.00

Q20

The instructor was an effective communicator.

Answered: 22 Skipped: 0



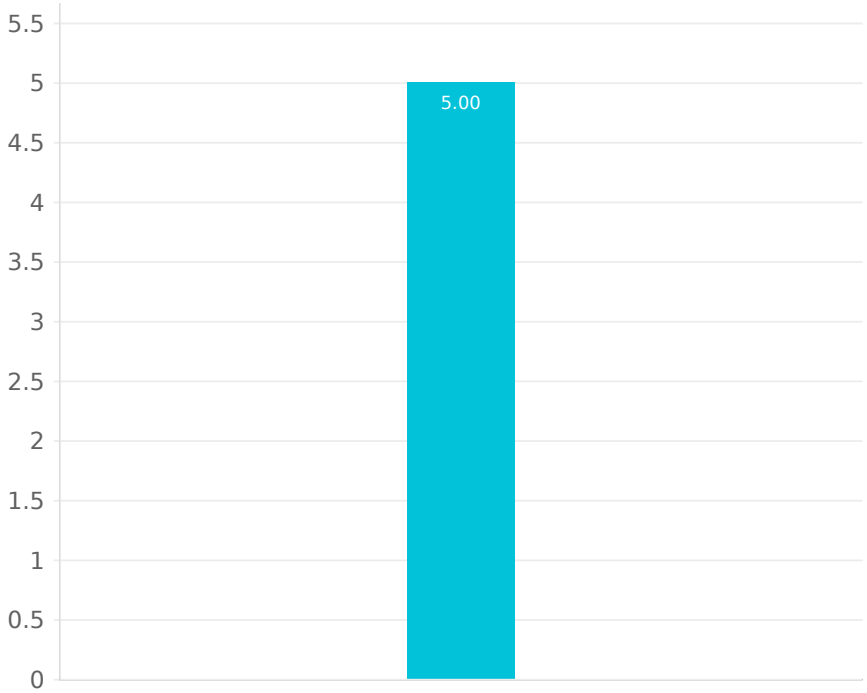
Rating	Response percent	Response count
1 (Strongly Disagree)	0.00%	0
2	0.00%	0
3	0.00%	0
4	4.55%	1
5 (Strongly Agree)	95.45%	21

Average rating: 4.95

Q21

This instructor should be chosen to present this topic again.

Answered: 22 Skipped: 0



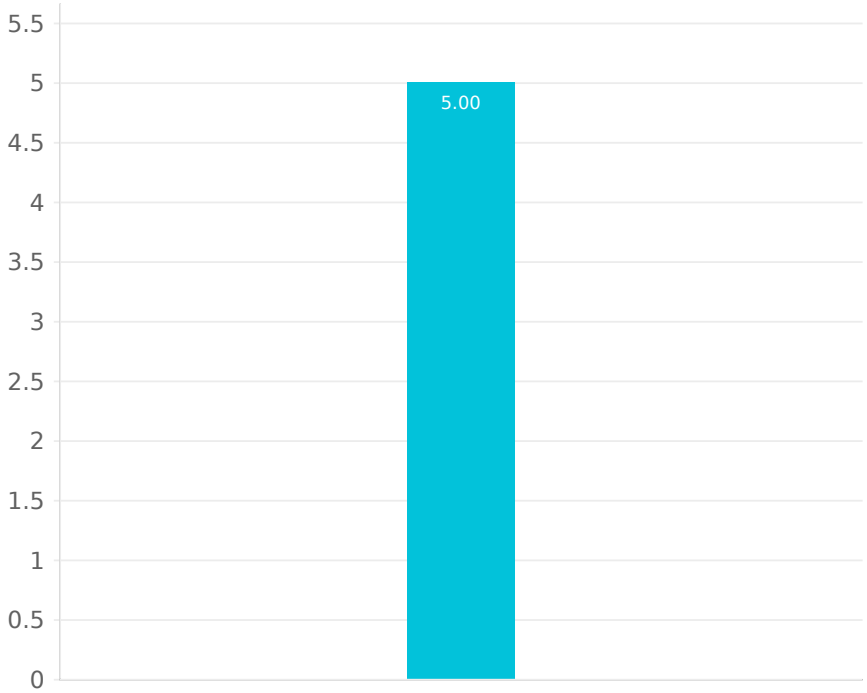
Rating	Response percent	Response count
1 (Strongly Disagree)	0.00%	0
2	0.00%	0
3	0.00%	0
4	0.00%	0
5 (Strongly Agree)	100.00%	22

Average rating: 5.00

Q22

The assistant instructor(s) were valuable contributors to the course.

Answered: 22 Skipped: 0



Rating	Response percent	Response count
1 (Strongly Disagree)	0.00%	0
2	0.00%	0
3	0.00%	0
4	0.00%	0
5 (Strongly Agree)	100.00%	22

Average rating: 5.00

Feedback

Q23

Please provide specific feedback (positive or negative) on the GST course, curriculum, techniques, or teaching methodologies so we can continue to make it better for officers.

Answered: 18 Skipped: 4

1. Very good teaching through each instructor
2. The course was great. The teaching methodology was phenomenal. All the information received is greatly appreciated.
3. The class was very good for law enforcement officers for multiple options in a fight.
4. Best instruction ever. Incredibly professional. Made me feel like I was progressing. Great environment.
5. Very well thought out. A lot of information for a short period but students are able to retain it after many reps. Awesome course for LE!
6. Ryron and Guy did a great job of explaining and demonstrating the techniques as well as making them easy to learn
7. Techniques taught are great for people to get exposure and protect themselves
8. I thoroughly enjoyed every aspect of this course. I really liked SPF method of teaching techniques. I find myself being too wordy and talking too much while teaching. I will be adapting this style and encourage our students to attempt this style of teaching when they go back in the field. The only technique that I thought could get misconstrued was the safe draw. I'm sure y'all have heard that quite a bit.
9. Coaching was excellent I feel everything was done beyond what I could have gotten anywhere else in a weeks time.
10. I think the course was great and the teaching methods are priceless. Clear explanations and the drill drove the training home.
11. The material was easy to comprehend and follow.
12. Everything was perfect, I just wish this class would have been a week longer so that everything I learned had time to really marinate.
13. The course was great. I didn't originally think the SPF was going to be that good but after using it, I actually love it. The techniques are very valuable to my everyday work.
14. The SPF formula makes perfect sense. It helped me to understand exactly how to present material to other people and also helped me to understand the material presented to me. The course was well organized, challenging, but most importantly, fun!! I am grateful for the opportunity to learn from the best instructors and understand just how valuable the skills and techniques taught will help me to survive on the streets as an officer. The first day of the course was hell, but because the material was reviewed, demonstrated to us, and then performed by us students, it helped me to slowly, but surely, learn the techniques. Best course ever—-even better than SWAT school!
15. I would suggest more time in duty gear, not just the belts.
16. Everything was spot on with the needs of law enforcement with use of force situations.
17. The techniques presented throughout the course were relevant to defend the most common positions law enforcement personnel may end up in during a physical confrontation.

Q24

Please provide specific feedback (positive or negative) on the head instructor's performance so they can continue to reach new heights with your help.

Answered: 18 Skipped: 4

1. Very good overall broke down every technique multiple times
2. Great
3. I feel as the class has a great set up like it is.
4. It’s Reyron Gracie! Best performance I’ve ever seen! But he was a great coach and didn’t let his skill or notoriety demean me as a student. He really wants you to learn and get better.
5. Very knowledgeable. Class flowed well. Hopefully will be there when I attend level 2.
6. Great energy and positivity. A+ teaching style. Wouldn’t change a thing
7. Fantastic. Knowledge just flows from Ryron
8. Ryron did an exceptional job delivering the material. I was impressed with the time hacks and keeping everything in track. He answered questions, kept it light, but also made it super important at the same time.
9. Ryron Gracie was a pleasure to train and learn from. He made things easy to understand and helped each and every person to try and understand. Hands down a great instructor couldn’t have been more pleased with the outcome
10. MR. Ryron Gracie did a masterful job at not only teaching the art but, made it comfortable for all training level. His energy and enthusiasm are infectious.
11. As a beginner they made me feel welcomed and wanting to learn more. Providing key words and just overall wonderful
12. The instructors we consistent im their teachings and attitude. Everyone felt included.
13. Absolutely top-notch.
14. Ryron has such an amazing knowledge base on the material that it makes his teaching just unbelievable. His presentation method made it so easy for me understand the lessons. He is a great teacher with such a positive attitude. He makes it contagious.
15. Hands down, best instructor, ever. ::mic drop::
16. Demeanor was great. Relayed info effectively.
17. The head instructor was the best I’ve ever seen. Knowledgeable, friendly, and an ideal leader.
18. The head instructor was extremely knowledgeable on self defense tactics and the mindset needed to survive physical confrontations. He provided several examples highlighting the effectiveness of techniques.

Q25

Please provide specific feedback (positive or negative) on the assistant instructor(s) performance(s) so they can continue to improve their skills and optimize their interactions.

Answered: 18 Skipped: 4

1. Very good
2. Great
3. The instructors were great, and very helpful.
4. Guy Scuderi is awesome! He really brought in a lot of technical and scientific knowledge. Very thorough and incredibly nice! He was awesome!
5. Very knowledgeable assistants. Helpful if I got lost in a move or question about the move
6. Great one on one skills and making everyone feel like they are valued
7. Guy has such enthusiasm for the finer details
8. The assistant instructors were all excellent. They walked around constantly helping and adjusting students who needed it. Guy did an outstanding job as well as Robert, Robby, Penny, and the rest of the crew from the local agencies.
9. Guy Scuderi was also a very gifted and influential instructor. He made things clearer and easier to see and get. I have nothing negative to say about either one of the instructors
10. Guy is wonderful and smooth well spoken and he make sure students get the base and root of the lesson. Je is a great instructor.
11. As a beginner they made me feel welcomed and wanting to learn more.
12. The assistant instructors were helpful and encouraging.
13. Guy and the other assistant instructors were very knowledgeable and helpful. I would not hesitate to take a class from any one of them.
14. Dr. Guy was such a valuable asset to the class. His true passion for Jiu-Jitsu is just overwhelming. He also has an amazing knowledge base. On several occasions he would see me, a complete beginner to Jiu-Jitsu struggling and he would immediately come over and assist me until I got it right. His positive attitude to every aspect of the course made me want to try harder. His teaching style is very easy to follow. Great instructor.
15. Guy and the rest of the instructors are amazing. Their enthusiasm and conviction makes it motivating and exciting to learn!
16. Assistants are what made the class in my opinion. They were always available and stepped in when they saw someone needed help.
17. Same as above. The assistant and all guest instructors where knowledgeable and extremely helpful.
18. The assistant instructor was extremely helpful with correcting errors observed while practicing the techniques.

Gracie University Online Access Application

As a certified instructor, you will be granted access to the GST Level 1 comprehensive online video curriculum.

The primary benefit is that you will be able to review the techniques in detail before teaching them to your colleagues. Another key benefit is that anytime a technique is altered or added to the program, we will update the corresponding video lesson online so that you will get instant access to the updated technique.

The GST online viewing privileges will remain active for the duration of your GST certification period. Consequently, it is essential that you plan your GST recertifications no more than 24 months apart.

IN ORDER FOR US TO UNLOCK YOUR ONLINE GST ACCESS, **YOU MUST HAVE A GRACIE UNIVERSITY ONLINE STUDENT PROFILE.** If you already have one, continue with the online application below. If not, please click here to create your free student profile (it only takes 60 seconds). If you're creating a new profile, we strongly recommend using your personal email since government email address tend to have firewall issues.

Once you've created a free student profile, please provide the following information so that we may unlock (or renew) the GST course in your lesson library.